



# Research, Regulation, Risk and Reward: The Strategic Environment for Pharmaceutical R&D

Dr. George Poste, Chief Scientist,
Complex Adaptive Systems Initiative
Arizona State University
george.poste@asu.edu

Keynote address:
Dutch Top Institute Spring Meeting
Utrecht, 23 April 2009

## The Impact of Advances in Technical Knowledge on Human Longevity, Disease Burden and Quality-of-Life

- public sanitation
- clean water
- improved nutrition
- education
- child labor laws
- workplace safety
- control of toxic waste and environmental spoilage

## The Impact of Advances in Technical Knowledge on Human Longevity, Disease Burden and Quality-of-Life

#### **Broad Societal Programs**

- public sanitation
- clean water
- improved nutrition
- education
- child labor laws
- workplace safety
- control of toxic waste and environmental spoilage

#### **Pharmaceutical Innovation**

- control of parasitic and infectious diseases
- major reductions in CV, metabolic, musculo-skeletal and mental illness
- veterinary medicine and improved productivity and safety of food supply

## Health Matters: Healthcare R&D Occupies a Unique Position in Societal Expectations

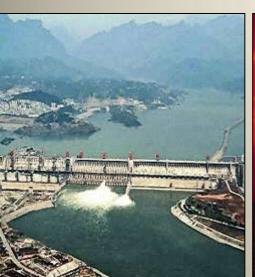
- public expectancy: the entitlement mentality
  - ever faster innovation but at no risk and cost paid by others
- political expediency: control of escalating costs
  - governments court 'high-tech' corporate R&D investment but set efficacy barriers and pricing policies that hinder innovation/investment

# Health Matters: Healthcare R&D Occupies a Unique Position in Societal Expectations

- free market forces or a public good?
  - distrust/rejection of profit-motive
  - media portrayal of corporate 'greed' at expense of the ill
- global equity and distributive justice
  - the "90:10" challenge
- negative industry image
  - profiteers rather than innovators
  - lack of public/political awareness of massive
     R&D investments and time, cost and complexity
     of Rx development

## COMPLEXITY

## The Mega-Project Industries: Masters of Complexity













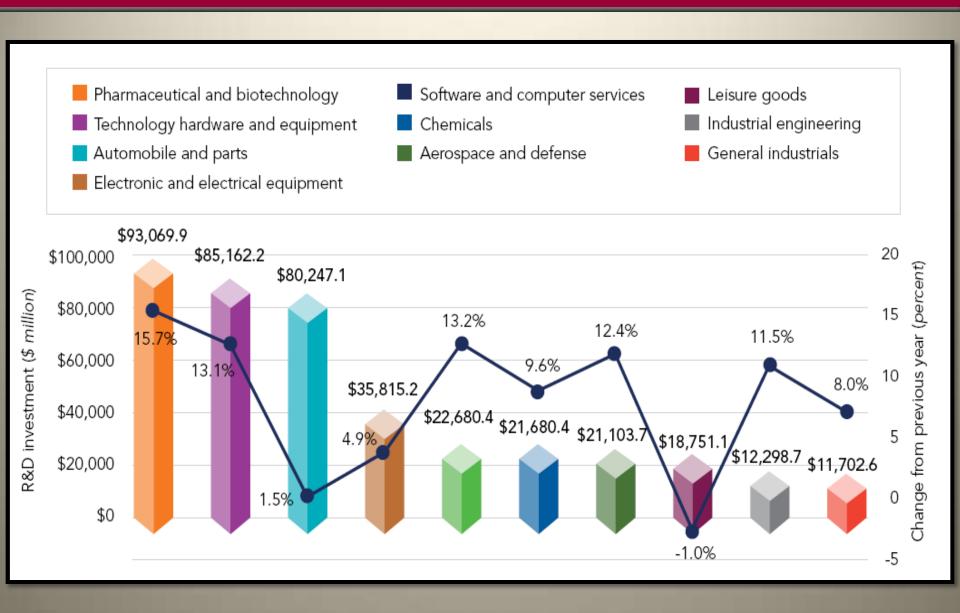




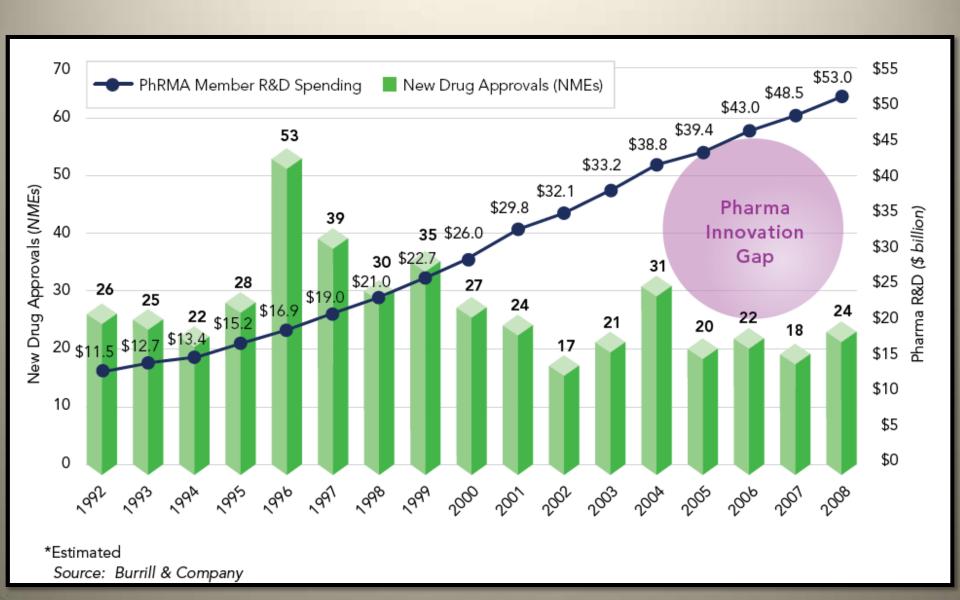
## "Mega-Projects"

- very high R&D investment per project (\$1 billion plus)
- extended R&D cycles (10-25 years)
- multi-disciplinary integration of diverse specialized skills
- multi-national scope
- high uncertainty, high risk
  - technical failure
  - financial risk
  - product risk
- impact of government and market policies that can change significantly in project lifetime

## R&D Investments by Different Industries



## Innovation Gap: R&D Investments Versus New Drug Approvals



## The Strategic Environment for Healthcare

# COST, CONSERVATISM AND RESISTANCE TO CHANGE

## The Strategic Environment for Healthcare

- escalating costs without major gains in quality
- focus on late-stage disease detection/intervention
  - high cost
  - low reversibility of chronic diseases
- demographic trends and additional costs of chronic disease in the aged
- fragmented and uncoordinated care

## The Strategic Environment for Healthcare

- unacceptable levels of misdiagnosis/error
- highly variable patterns of clinical care
- massive waste and inefficiency by lack of real-time, comprehensive electronic medical records
- illness versus wellness
- inadequate social and economic incentives for wellness

#### U.S. Healthcare Costs are Unevenly Distributed

- 0.5% patients consume 25% of healthcare budget
- 1% consume 35%
- 5% consume 60%
- 10% consume 70%
- 75% of cost is for patients with chronic diseases

Source: Healthcare Reform Now G. Halvorson, Chairman and CEO Kaiser Foundation Health Plan and Hospitals Wiley, NY 2007 p.2



Managing the
Economic and Clinical
Impact of Aging
Demographics
and
Complex, Chronic
Conditions

## Global Health: Understanding the Implications of Major Economic and Environmental Dislocations



## The Strategic Future of Healthcare

Economic Unsustainability

Reform and Rational Care

Confronting the Imbalance Between Infinite Demand and Finite Resources

#### Reasonable Expectations for Rational Healthcare

- what works
- why it works
- who it works for
- what works best
- when should it be used optimally

- validated evidence
- mechanism of action
- personalized medicine
- comparative effectiveness
- best practice guidelines, standard-of-care and malpractice

**VALUE** 

## Defining New Value Propositions for Healthcare Delivery

- social and economic value of reducing disease burden will rise
  - earlier disease detection and mitigation
  - rational Rx and guaranteed outcomes
  - integrated care management of complex chronic diseases
  - extension of working life

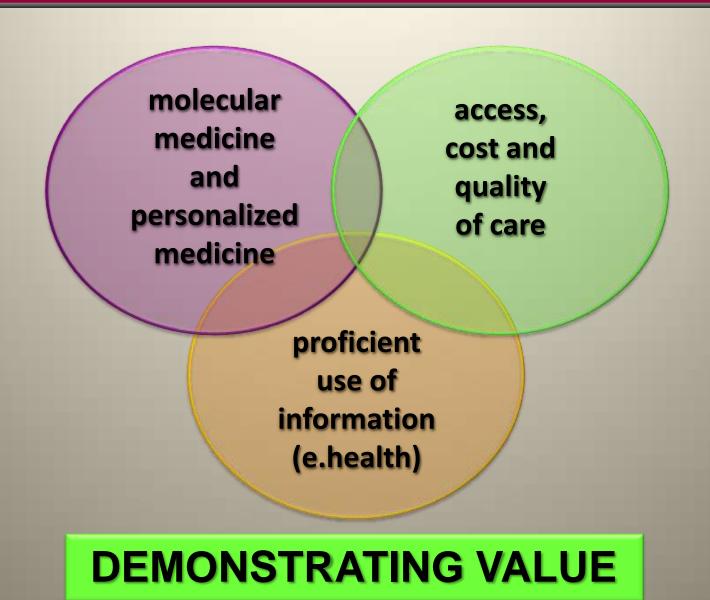
#### The Future of Healthcare: Personalized Medicine

## Urgent Priorities for Improvements in Clinical Practice and Healthcare Delivery

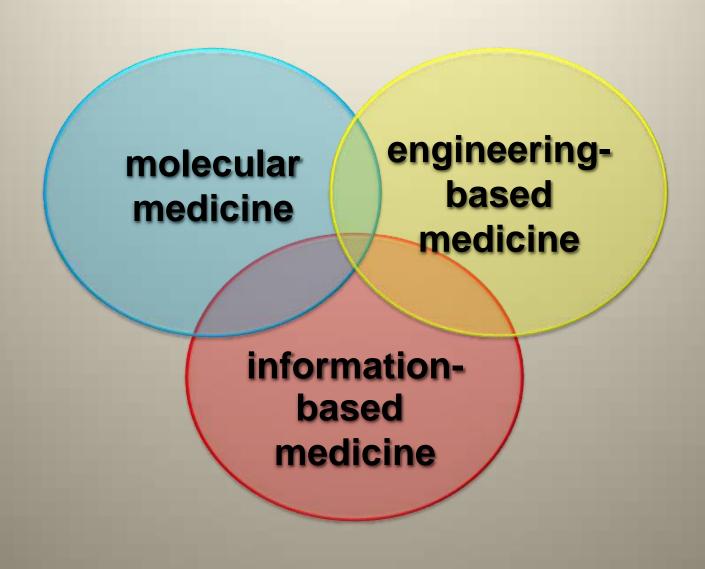
- from empirical diagnosis (symptoms) to definitive profiling (molecular pathology) of causal disease mechanisms
  - personalized medicine and rational therapy
- earlier detection of disease (pre-symptomatic) or disease progression
- routine monitoring of individual health status
- instant access to patient information
  - anytime, any place, any patient

## Convergence

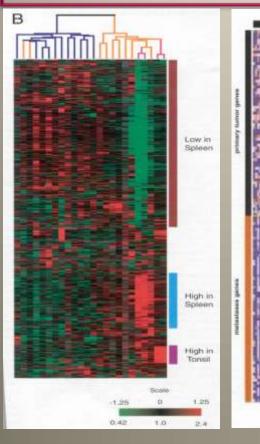
## The Three Forces Shaping the Evolution of Healthcare

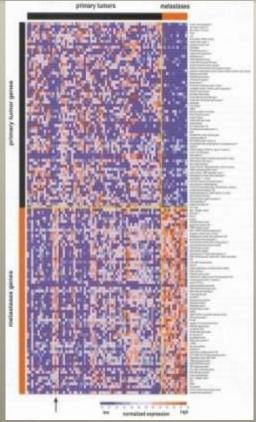


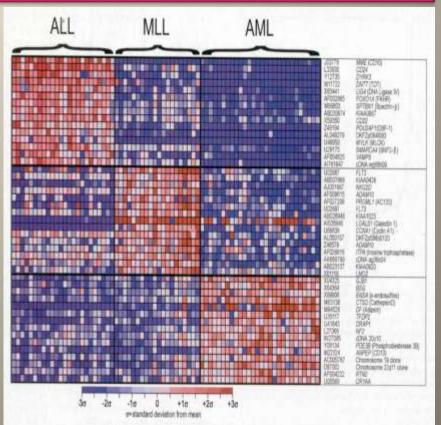
## Convergence



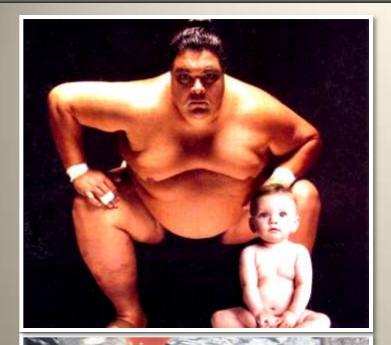
# Molecular Diagnostics and Biomarkers: The Fundamental Technology Platforms For Molecular Medicine and the Future Healthcare Value Chain







## Ignoring The Obvious in Clinical Practice

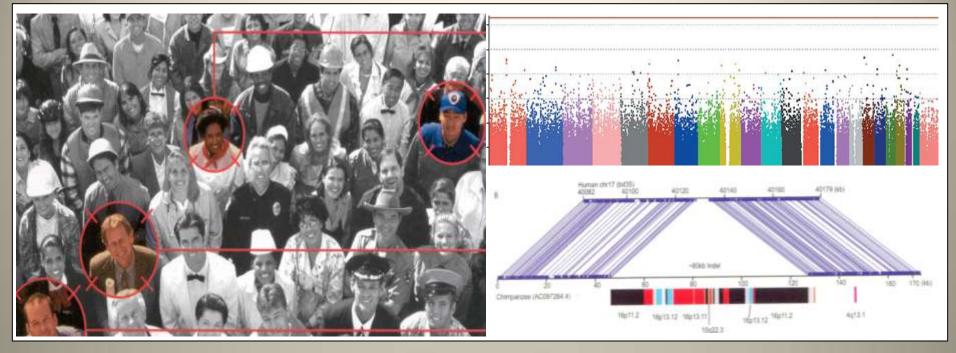


- diseases are not uniform
- patients are not uniform
- a "one-size fits all" Rx approach cannot continue



- inefficiency and waste of empirical Rx
- cost of futile therapy
- medical error and AEs

#### **Personalized Medicine**



"If it were not for the great variability among individuals, medicine might be a science, not an art"

Sir William Osler (1892)

Osler Reframed

"Because of the great variability among individuals, medicine must finally become a science, not an art"

#### Rational Therapeutics and Personalized medicine: Key Drivers



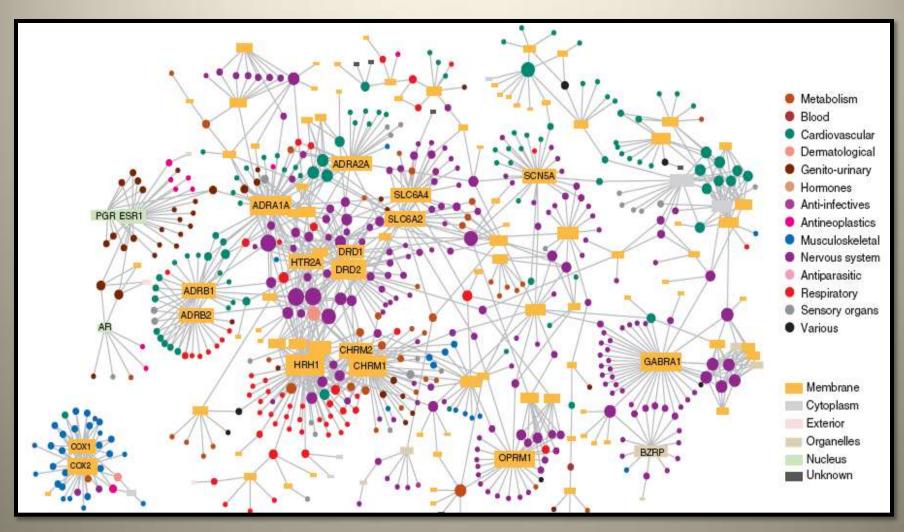


Science

**Policy** 

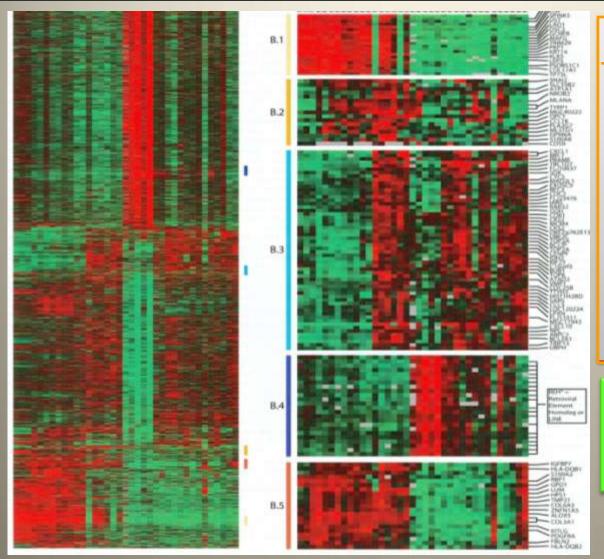
**Cost and Outcomes** 

## Personalized Medicine: The Initial Era - Targeted Therapeutics



**Drug-Target Networks for FDA Approved Rx** 

## Disease Subtyping: Next-Generation Molecular Diagnostics (MDx) and A New Molecular Taxonomy of Disease



#### **Dx Platforms**

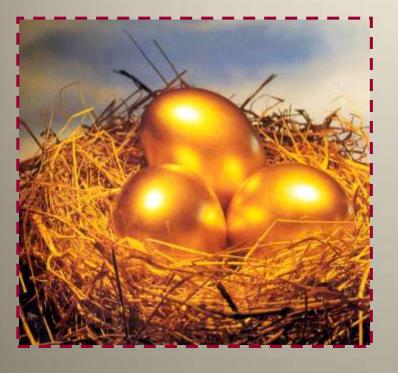
- massive parallelism
- miniaturization
- automation
- rapid
- · POC

RIGHT Rx for RIGHT DISEASE SUBTYPE

B1 skin, B2, melanocytes, B3, melanoma, B4 and 5 metastatic melanoma From: C. Haqq et al. (2005) 102, 6092

## Molecular Diagnostics and Disease Subtyping

#### "Riches in the Niches"



- right diagnosis, the first time
- right Rx selection, the first time
- rise of Dx-Rx combination
- Rx approval and labeling
- reimbursement only with obligate Dx?

### Molecular Diagnostics and Targeted Therapeutics

- premium pricing for predictable Rx outcomes
- pay-for-performance (P4P)





#### The Emergence of Drug: Diagnostic Combinations















Invader® chemistry

THIRD WAVE TECHNOLOGIES





Verigene® System

















## K-RAS Profiling and Anti-EGFR Monoclonal Antibody Therapy













 greater response in patients with K-RAS versus mutant-

estimated \$604 million/year savings (ASCO)

regulatory demand

clinical guidelines



regulatory inertia







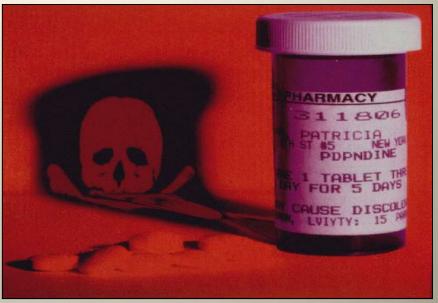
payor adoption

## Personalized Medicine The Initial Era: Targeted Rx

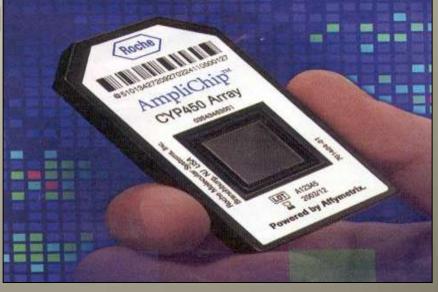
- opening era in linking disease molecular pathology to rational Rx
- increasing payor, regulatory and public pressures for reliable ID of Rx-responsive patients
- demand for Dx-Rx combinations will intensify
- Dx-Rx combination will become an obligate element of NDA/BLA submission and product labeling
- development of Dx-Rx combinations as intrinsic components of R&D programs for investigational Rx

## Pharmacogenetic Predisposition to Adverse Drug Reactions





- 1.5 to 3 million annual hospitalizations (US)
- 80 to 140 thousand annual deaths (US)
- est. cost of \$30-50 billion



#### **REMS:**

#### **Risk Evaluation and Mitigation Strategies**

Product	Manufacturer
Plenaxis (abarelix)* for prostate cancer	Praecis
Lotronex (alosetron) for irritable bowel syndrome	Prometheus
Letairis (ambrisentan) for pulmonary arterial hypertension	Gilead
Tracleer (bosentan) for pulmonary arterial hypertension	Actelion
Clozaril (clozapine), Fazaclo ODT (clozapine) for schizophrenia	Novartis, Azur and generics
Tikosyn (dofetilide) for atrial fibrillation/atrial flutter	Pfizer
Soliris (exulizumab) for paroxysmal nocturnal hemoglobinuria	Alexion
Ionsys (fentanyl hydrochloride)*, Actiq (fentanyl citrate) for pain	Alza, Cephalon
Accutane (isotretinoin) for acne	Roche and generics
Revlimid (lenalidomide) for myelodyslplastic syndromes and multiple myeloma	Celgene
Mifeprex (mifepristone) for pregnancy termination	Danco
Tysabri (natalizumab) for multiple sclerosis and Crohn's disease	Biogen Idec/Elan
ACAM2000 (smallpox vaccine, live)	Acambis
Xyrem (sodium oxybate) for daytime sleepiness and cataplexy	Jazz
Thalomid (thalidomide) for multiple myeloma and leprosy	Celgene
* Plenaxis and Ionsys are currently not marketed in U.S.	

Pink Sheet (2008) 31 March, p. 7



Alert 7/24/08

 update labeling for Abacavir (Ziagen) to require pre-therapy screening for HLA-B\*5701 allele to avoid fatal hypersensitivity



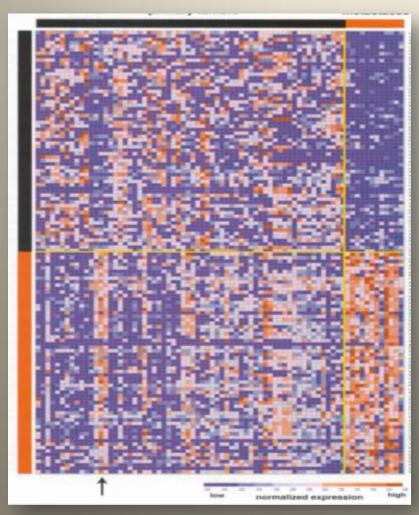


## Table of Valid Genomic Biomarkers in the Context of Approved Drug Labels

http://www.fda.gov/cder/genomics/genomic\_biomarkers\_table.htm

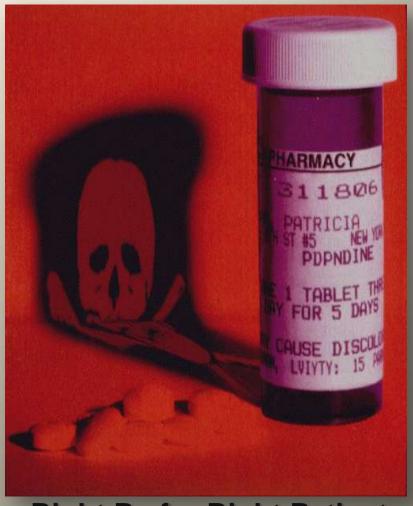
### From Pharmaceuticals to Pharmasuitables

### **Disease Subtyping:**



Right Rx for Right Disease

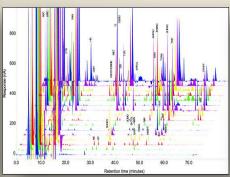
### Individual Variation and AE risk



Right Rx for Right Patient

## Identification and Validation of Disease-Associated Biomarkers: Obligate Need for a Systems-Based Approaches

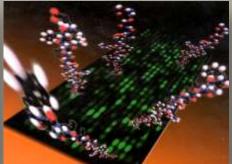


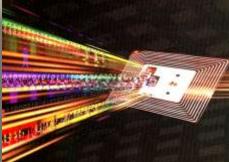














Biospecimens and Molecular Pathway Analysis

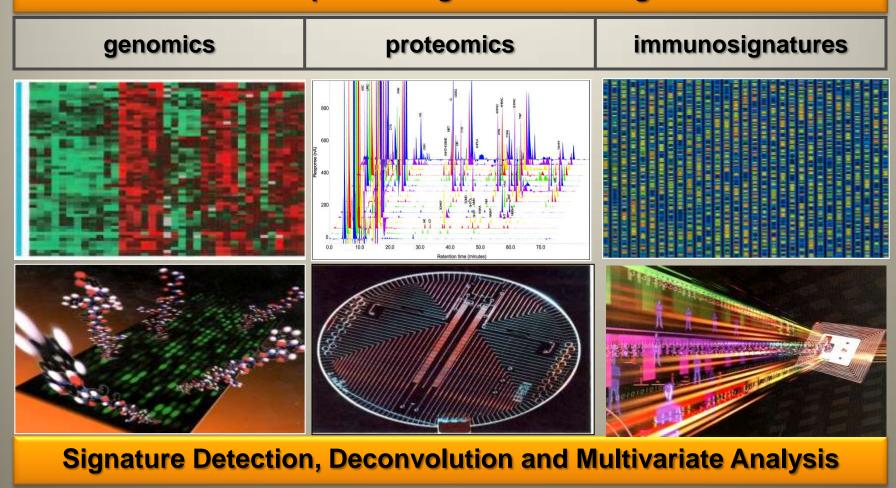
Biomarker
Validation
and
Multiplex Assays

Instrumentation and Informatics

Clinical Impact and Patient Monitoring

## Development of Molecular Diagnostics and Biomarkers for Personalized Medicine: The Need for End-to-End R&D Solutions

### **Complex Biosignature Profiling**



novel test

devices (POC)

new algorithms

multiplex assays

Identification of Biosignatures and Multiplex Molecular Profiling

Detection
of
Multiplex
Biosignatures
in
Clinically
Relevant
Formats

**Actionable Information** 

**Profile** 

Sense

Act

Life Sciences and Mathematical/Statistical Tools for Complex Signal Analysis

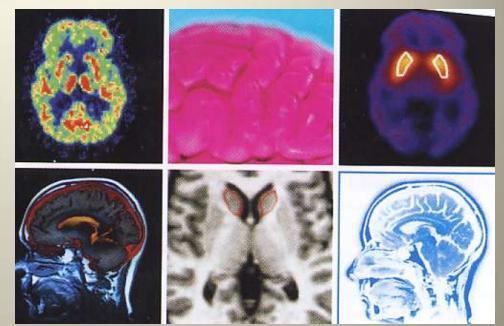
Miniaturization
Engineering
and
Materials Science

Large Scale Informatics and Information Architectures

### Nanoscale Systems and Targeting Materials to Specific Body Locations

### **Application**

- next-generation body imaging for resolution of specific cell types/metabolic activities (versus current whole organ profiling)
- advanced drug and gene delivery systems for target specific localization and release





## Personalized Medicine: Disease Predisposition Profiling



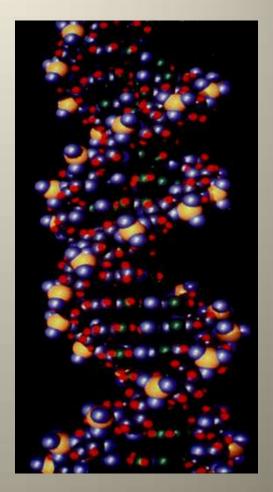












## Disease Predisposition Risk Profiling for Common, Multigenic Late-Onset Disorders

- slower evolution than many predict
- cost complexity and poor replication of Genome-Wide Association Studies (GWAS)
- substantial ambiguities regarding probabilistic risk of future disease
  - combinations of multiple low penetrance alleles
  - epistasis
  - epigenetics
  - environmental confounders

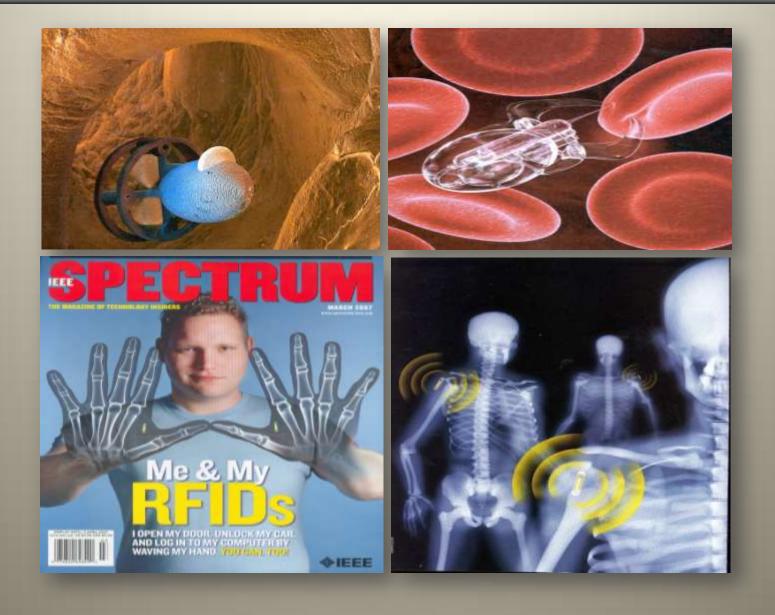
### Personalized Medicine: Challenges for Clinicians

- sustained awareness of relevant conceptual advances and new products/services
- timing and training for adoption into routine practice
- accurate identification of relevant patients for use of MDx profiling and targeted Rx selection
- new malpractice risks

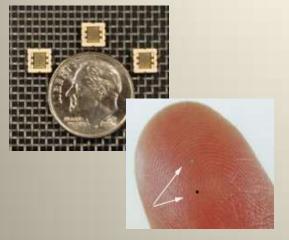
### Personalized Medicine: A Broader Definition

# Health Status Monitoring and the Promotion of Wellness

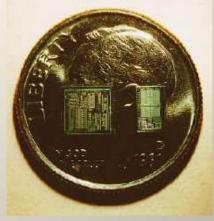
### On Body: In Body Sensors/Devices For Real Time and Remote Monitoring of Individual Health Status



### OBIBS and Body Area Networks (BAN's) for Remote Monitoring of Health









**Microtags** 

In-Body Wireless Tags Sensor on a Chip

"Savings from broad-band remote monitoring for all chronically ill patients are potentially quite remarkable ....as much as 30 percent of all hospital, out-patient and drug expenses"

> Robert Litan **Kaufman Foundation December 2005**

cited in: Advancing Healthcare Through Broadband **Internet Innovation Alliance White Paper 2007** 

### On Body: In Body Sensors and Devices

### Healthcare

### **Objective**

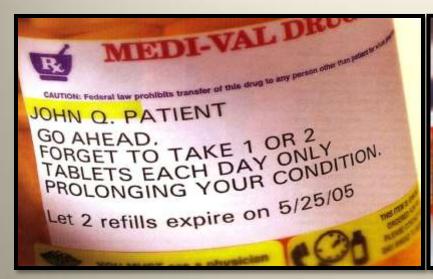
remote monitoring of health status



#### **Applications**

- multi-feature monitoring and broadband wireless networks
  - ubiquitous sensing
- enhanced autonomy for in-home aged
- proactive alerting and intervention to mitigate health incidents
- monitoring of patient compliance
- coupled linkage to remote Rx dispensing for efficient disease management

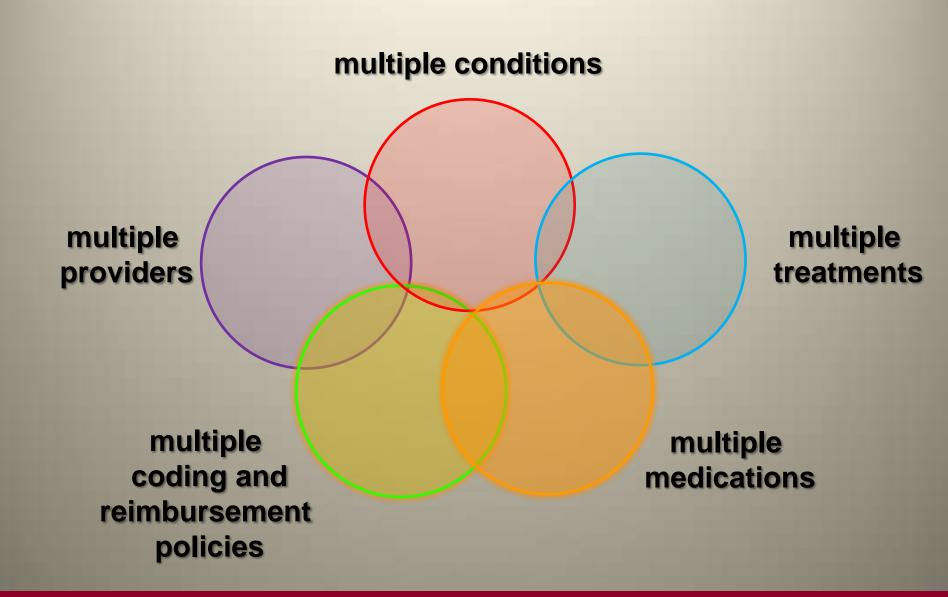
### The Costs of Non-Compliance with Rx Regimens





- \$177 billion projected cost
- 20 million workdays/year lost (IHPM)
- 40% of nursing home admissions
- projected 45-75% non-compliance (WHO)
- 50-60% depressed patients (IHPM)
- 50% chronic care Rx (WHO)

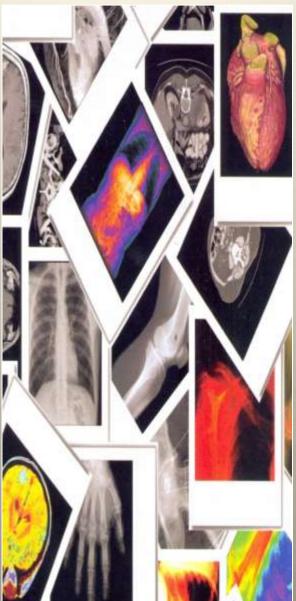
## Challenges in the Management of Complex Chronic Conditions and Co-Morbidities



### How Much New Technology Can We Afford?







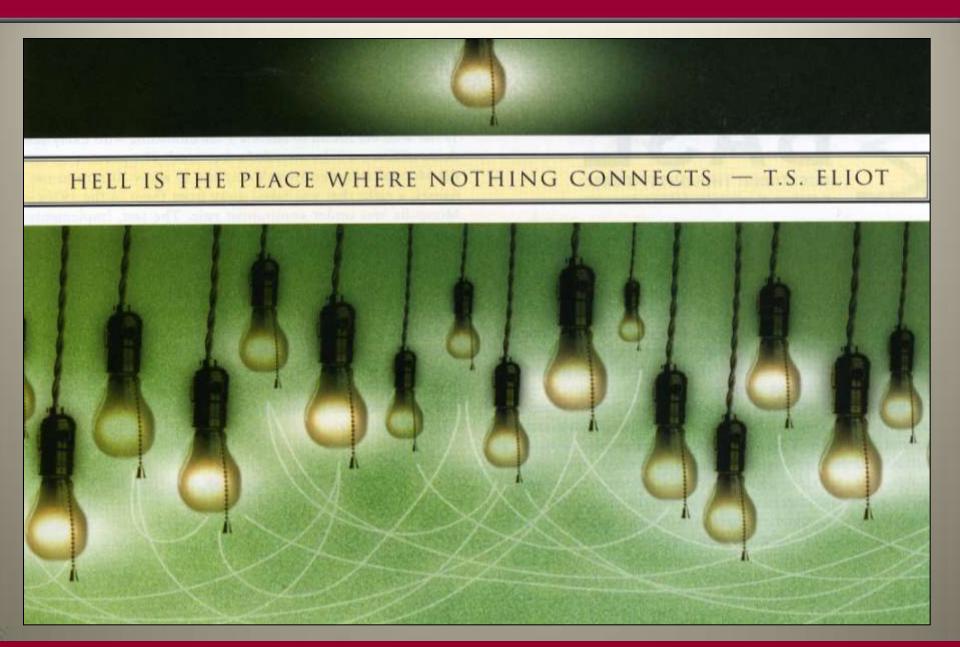


### **Key Questions**

- what is the role of technology innovation in healthcare?
- do current public and private strategies support innovation and disruptive technologies?
- how should the 'value' of new technologies be assessed?
- how should dissemination of new valueadded technologies be supported?

# CONNECTIVITY AND INTEGRATED CARE

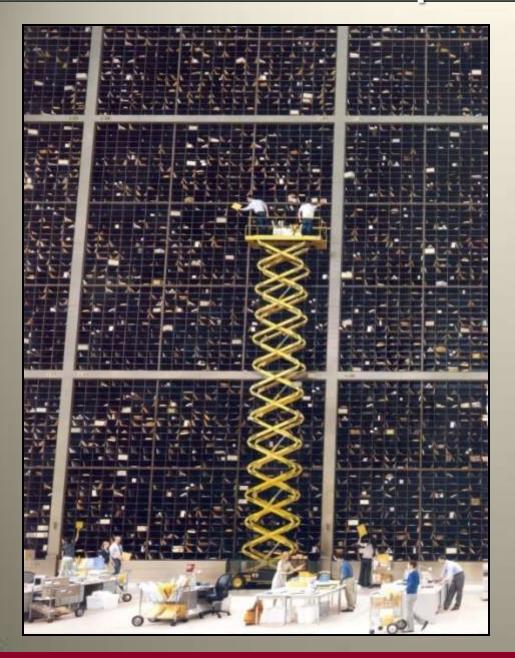
### Information-Based Medicine



## The Unacceptable Failure to Establish Comprehensive Electronic Medical Records



### Paper Kills!



The Inefficiencies and Patient Risks Imposed by Sustained Dependency on Paper Health Records

### The Unacceptable Cost of Unconnected Healthcare

- extravagant waste via excessive duplication of tests/procedures
- error via lack of crucial data
- lack of data capture for outcomes analysis and individual physician performance
- failure to capture population-based disease parameters
  - sentinel public health/national security
  - meta-analysis of outcomes
  - drug and device safety and recall

### CONSUMERS

### **Consumer Directed Healthcare Plans**

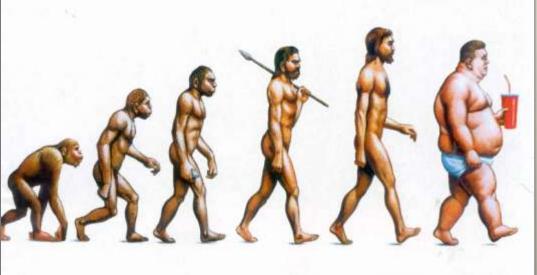
"Until the person receiving the product is responsible in some fashion for the costs, there will be no incentive to spend responsibly"

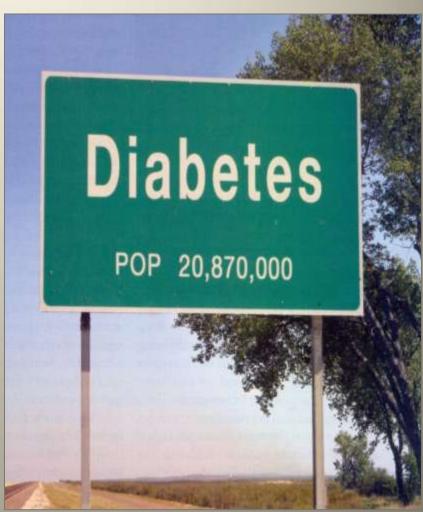
Scott Serota
CEO, BCBS Association of Chicago
Chief Executive Magazine, March 2007 p. 50

### After a Short Stay in America, Michelangelo's David Returned to Europe



## The shape of things to come





### Personalized Medicine: Consumer-Centric Healthcare: A Key Driver

- cost-shifting to consumers
- clinical and economic benefits of coordinated care of complex chronic conditions
- lifestyle and disease risk mitigation
- new information intermediaries
- cost-driven transitions from 'passive patient' to 'engaged consumer'

# Telecommunications and Media Industry Convergence: Implications for Healthcare

### The Infocosm: Emerging Networks of Global Connectivity





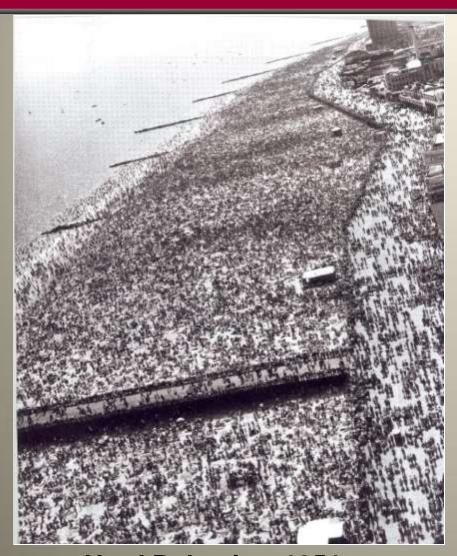








### The Changing Nature of Social Interaction



Herd Behavior: 1951 1.3 Million Bathers, Coney Island, NY



Herd Behavior: 2008
Social Networks and Virtual
Communities

## Consumer-Directed Healthcare: The Wellness Premium

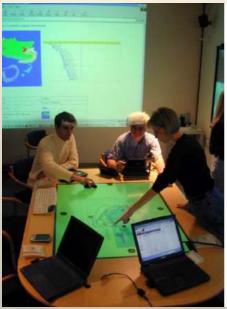
- leveraging social and peer networks
- increased role of fitness industry and entertainment in healthcare
  - "success via distraction"
- "virtual touch"
  - web-based consultation and diagnostic algorithms
  - emerging generational gap in need for direct physical interaction with physician
- evolution of 'near-patient' health status profiling
  - POC and in-home Dx
  - OBIBs

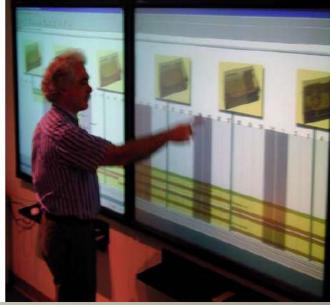
### In-Home Health Connection: Engaging the Elderly



## AORTA: Always on Real-Time Access: Interactive, Distributed and Customized Datasets







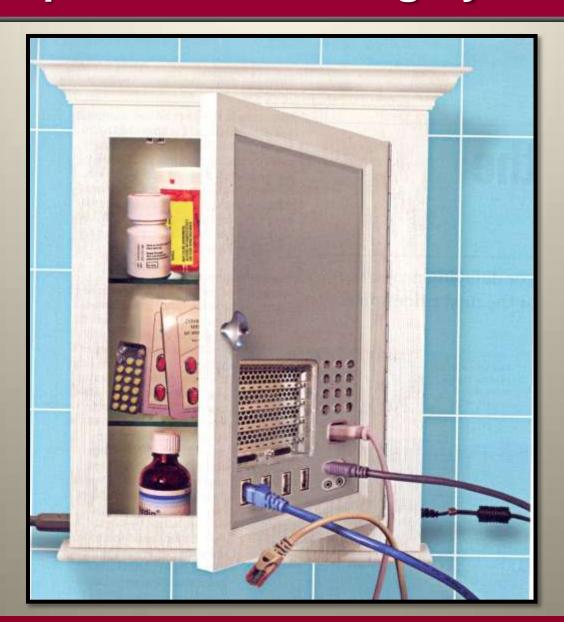




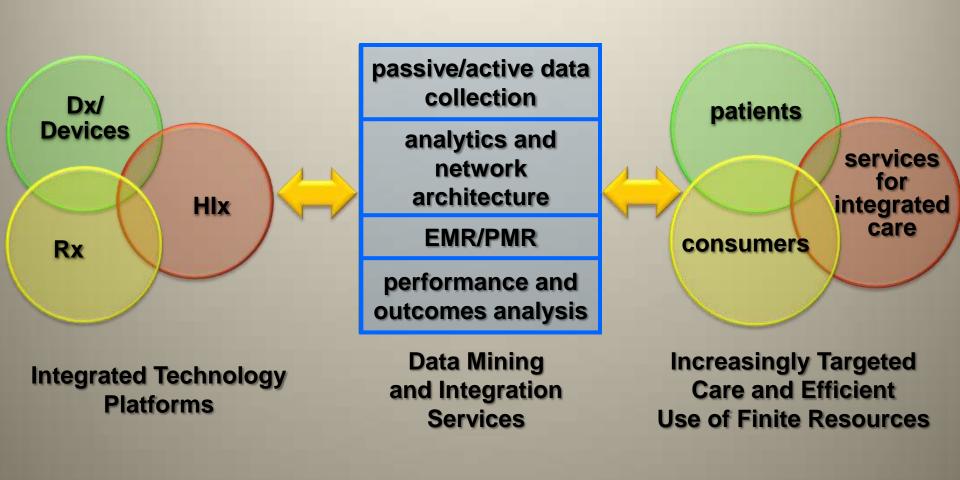
## Healthcare Information Networks: AORTA: Always On Real Time Access

- end-to-end continuity in use of internet and wireless technologies
- from routine remote monitoring of health status to advanced critical care
  - comprehensive connectivity plus
  - collapsing time plus
  - global networks

## The Evolution of In-Home POC Diagnostic and Compliance Monitoring Systems



### A New Healthcare Ecosystem Arising From Technology and Market Convergence



### "Managing Mega-Data"

### volume



### scale





Visualization and Collaboratories



Heterogeneity and Context



**Cognitive Systems for Optimum Decisions** 

### The Rise of Open-Source Networks and Consortia





Entrez, The Life Sciences Search Engine

















ALLEN INSTITUTE for BRAIN SCIENCE | Allen Brain Atlas





FDA/Severe Adverse Events (SAE) Consortium





The Neurocommons







**Diabetes Genetics Initiative** 









Genes, Environment and Health Initiative (GEI)

Determining Genetic and Environmental Roots of Common Diseases

Clinical Semantics Group

### **Privacy and Information**

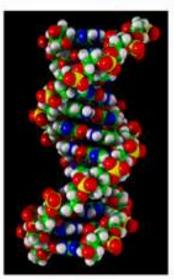
• 2010: 15 Petabits (1016) / \$250,000

Human Genome: 10 Gigabits (10<sup>11</sup>)

For a few million dollars, one could store the complete genome of every American and European

...for several more, could add credit card records, telephone logs, travel history,...





## Personalized Medicine: Progressive Evolution Based on Increasingly Comprehensive Profiling of Disease Risk and Health Status

Targeted Care

Personalized Care

Individualized Care

- rational Rx based on profiling of underlying molecular pathology
- MDx and disease subtyping
- rational Rx based on comprehensive molecular profiling of individuals
  - disease subtypes and optimum Rx
  - Rx AE risk
  - disease predisposition risk and mitigation
- integrated framework of longitudinal data on individual health status
- real time remote health status monitoring
- transition to disease prediction and preemption

## The Coming Convergence in Healthcare Delivery

### **Technologies**

biotechnology, medicine, engineering, computing

#### **Clinical Practice**

- molecular medicine and increasingly customized care
- diagnostic, drug and device combinations
- POC testing and remote monitoring
- reduced error and improved compliance
- improved clinical and economic outcomes

### **Realigned Incentives**

- integrated care for complex chronic diseases
- earlier disease detection and risk reduction
- wellness versus illness
- health status monitoring

## The Coming Convergence in Healthcare Delivery

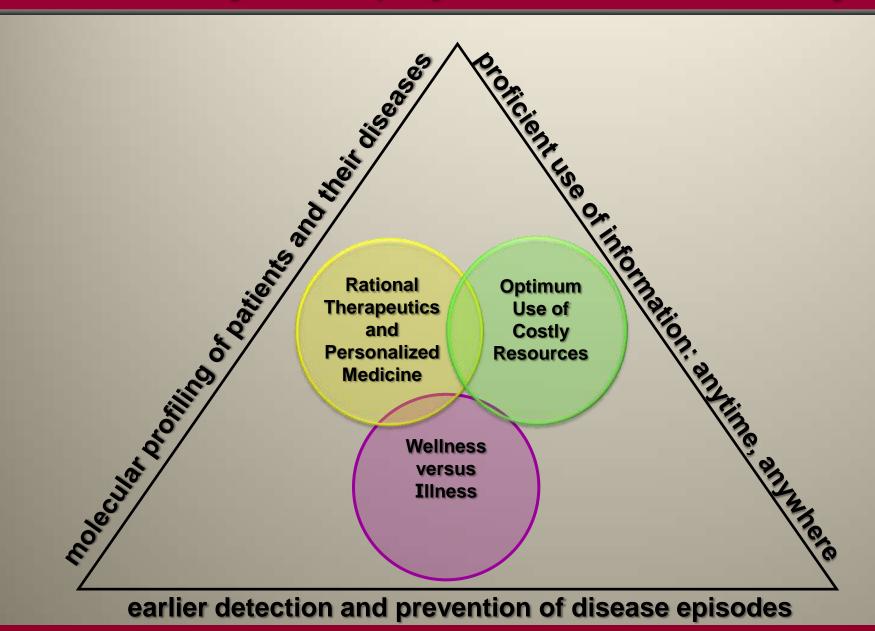
### **Consumers**

- increased personal responsibility for health
- new incentives for wellness/compliance
- health status monitoring

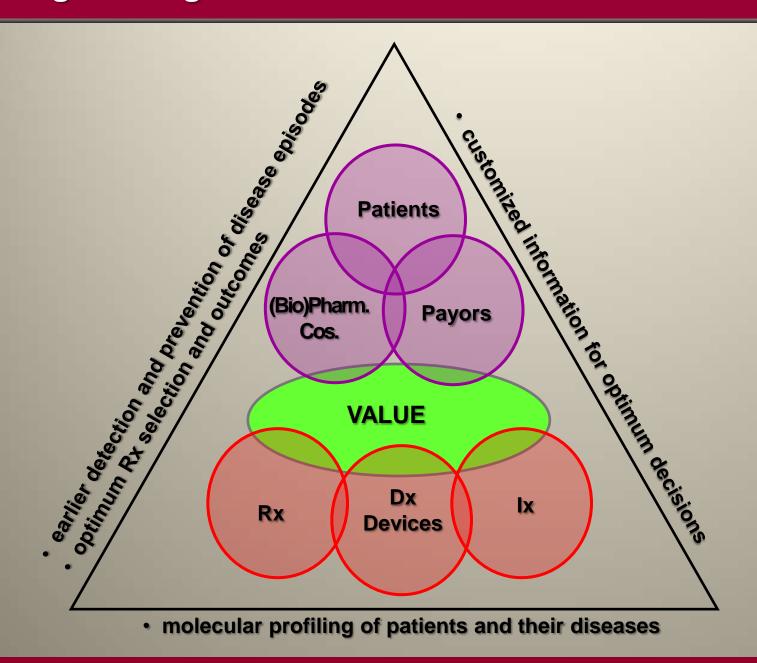
### Connectivity

- integrated care networks for chronic disease
- improved outcomes and effectiveness
- social networks and informed consumers
- new supplier networks of specialized turnkey expertise
- value added 'content' services for clinical data mining

## The Urgent Imperative for New Drivers of Efficiency and Equity in Healthcare Delivery



### **Building an Integrated Framework for Personalized Medicine**



### **Aspiration and Engagement with Grand Challenges**

