

The Evolution of Personalized Medicine: Opportunities and Challenges

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The Healthcare Challenge

Outcomes

clinical, economic, quality-of-life

unmet medical needs

infinite demand versus finite resources



**Innovation
and
Defining Value**

**increasing cost of care
and acceleration of new technologies**

**Access
to
Care**

Economic Distortions and Perversions in the Healthcare “Market”

- **“a menu without prices” (A. Garber)**
- **potential terminal illness for governments, business and patients/consumers**
- **supply creates its own demand**
- **caregivers make more money by providing more care and typically ignore cost in treatment options**
- **patients have entitlement mentality and don’t select treatment choice**
- **payors don’t apply comparative effectiveness metrics**
- **neither consumers nor caregivers evaluate cost or benefit and drift to “maximum” care**

Demographics: Ageing, Chronic Diseases and Cost

ageing

- by 2030 number of people over 65 will:
 - increase 140% in developing world
 - increase 51% in developed world
 - outnumber children under 5

chronic disease burden

- by 2020 account for 75% of global deaths

cost

- US cost of chronic disease will increase 2.5X by 2023
- China loss of income due to chronic disease will increase 8X from 2005-2015

US Cancer Prevalence Estimates 2010 and 2020

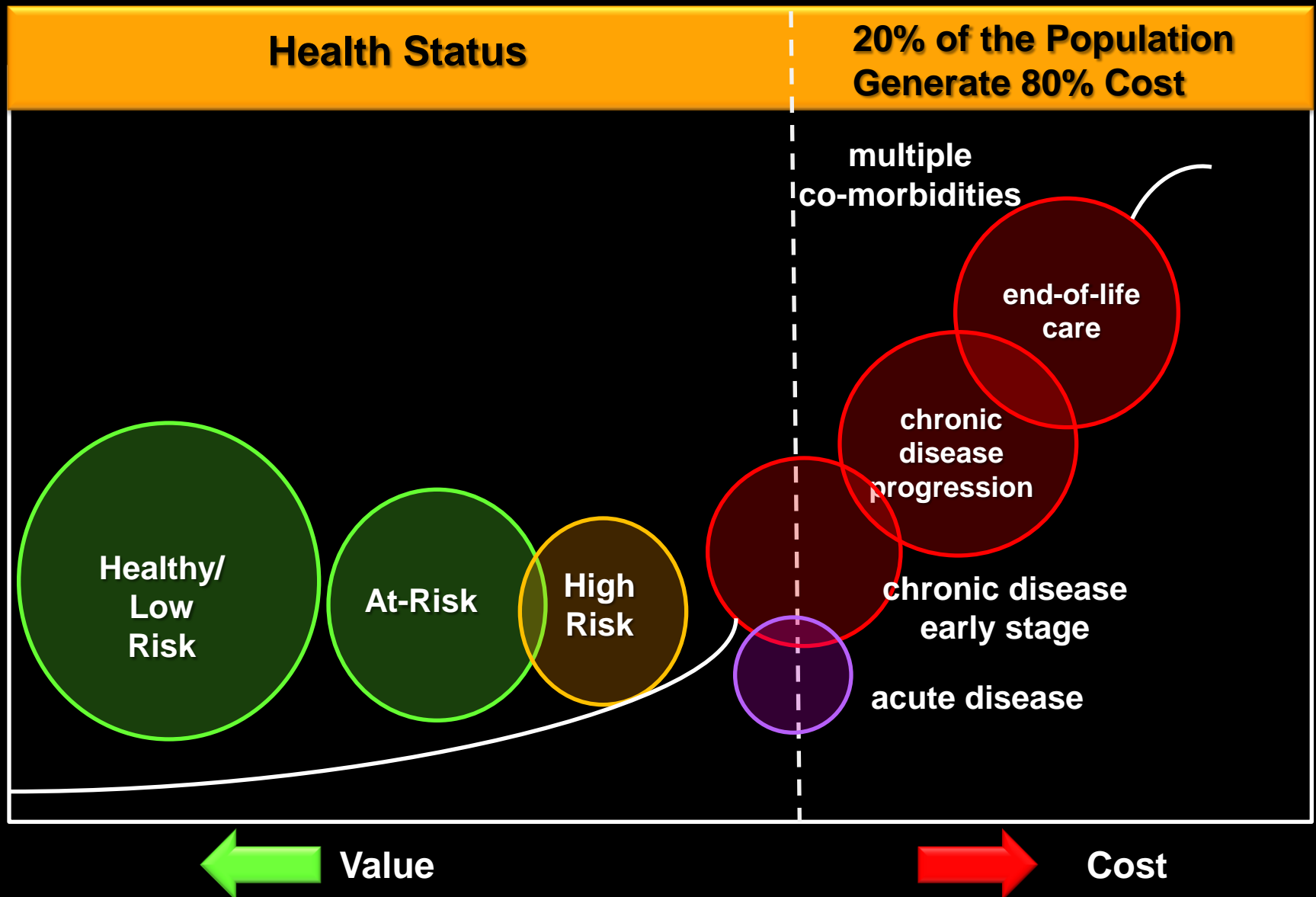
Site	# People (thousands)		%
	2010	2020	change
Breast	3461	4538	31
Prostate	2311	3265	41
Colorectal	1216	1517	25
Melanoma	1225	1714	40
Lymphoma	639	812	27
Uterus	588	672	15
Bladder	514	629	22
Lung	374	457	22
Kidney	308	426	38
Leukemia	263	240	29
All Sites	13,772	18,071	32

From: A.B. Mariotto et al. (2011) J. Nat. Cancer Inst. 103, 117

Challenges for Sustained Innovation in Biomedical R&D

- **inefficient translation of research (valley of dea(r)th)**
- **macroeconomic uncertainties**
 - **reduced Federal funding, VC retreat and R&D reductions in bigPharma/biotech**
 - **budget gap closure actions and industry fees/concessions**
 - **off shore investment**
- **complexity of chronic diseases and no immediate prospect of enhancing asset success rate and/or truncation of R&D cycle time**
- **regulatory uncertainties and increasing hurdles**
 - **larger trials, zero-risk and REMs**
 - **inadequate budgets, staffing and science**

The Economic, Social and Clinical Benefits of Proactive Mitigation of Disease Risk and Chronic Disease Co-Morbidities



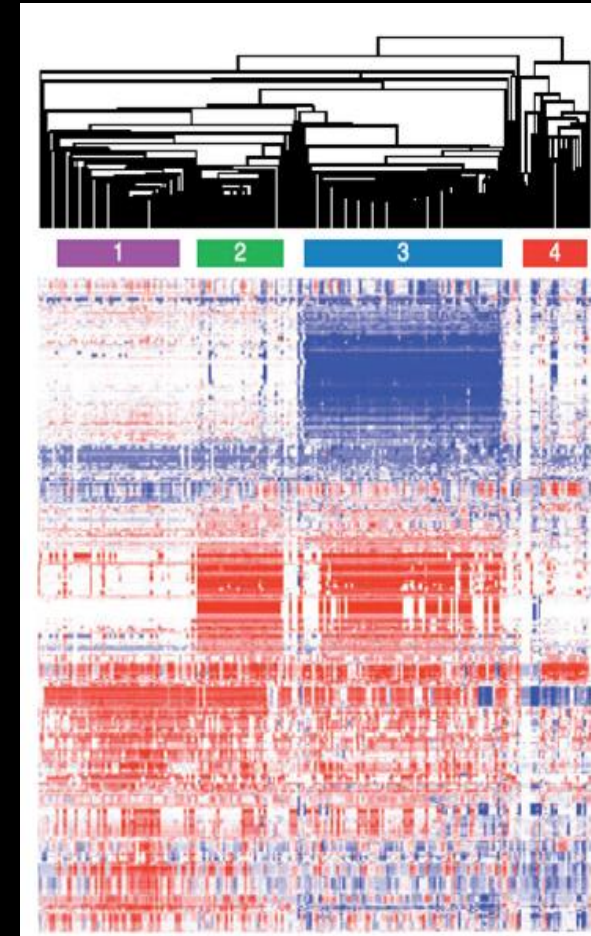
Reasonable Expectations for Rational Healthcare

- what works?
- why it works?
- who it works for?
- what works best?
- when should it be used optimally?
- validated evidence
- mechanism of action
- personalized medicine
- comparative effectiveness
- best practice guidelines and standard-of-care

VALUE

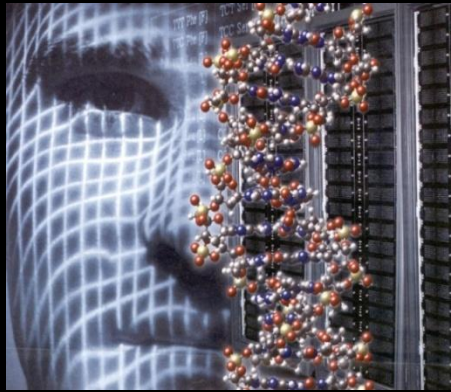
**The Innovation Ecosystem
for
Biomedical R&D and Healthcare Delivery**

Medical Progress: From Superstitions to Symptoms to Signatures

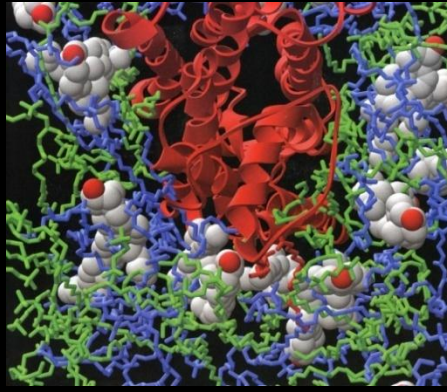


Mapping The Molecular Signatures of Disease: The Intellectual Foundation of Rational Diagnosis and Treatment Selection

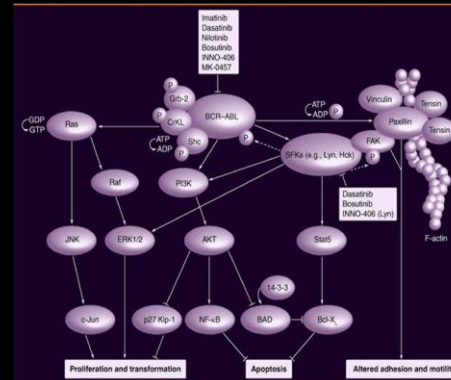
Genomics



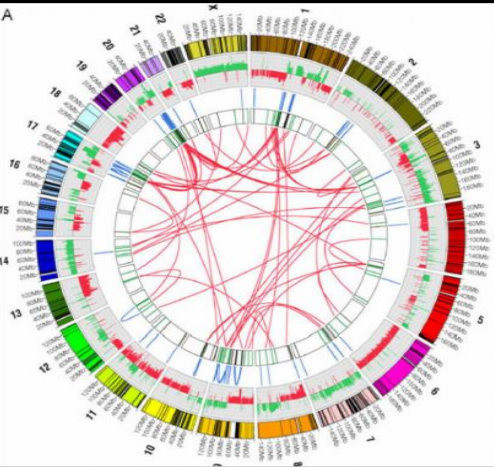
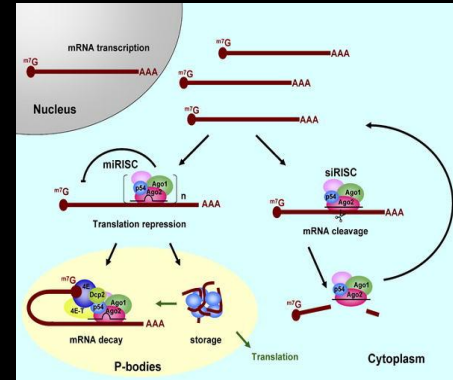
Proteomics



Molecular Pathways and Networks



Network Regulatory Mechanisms



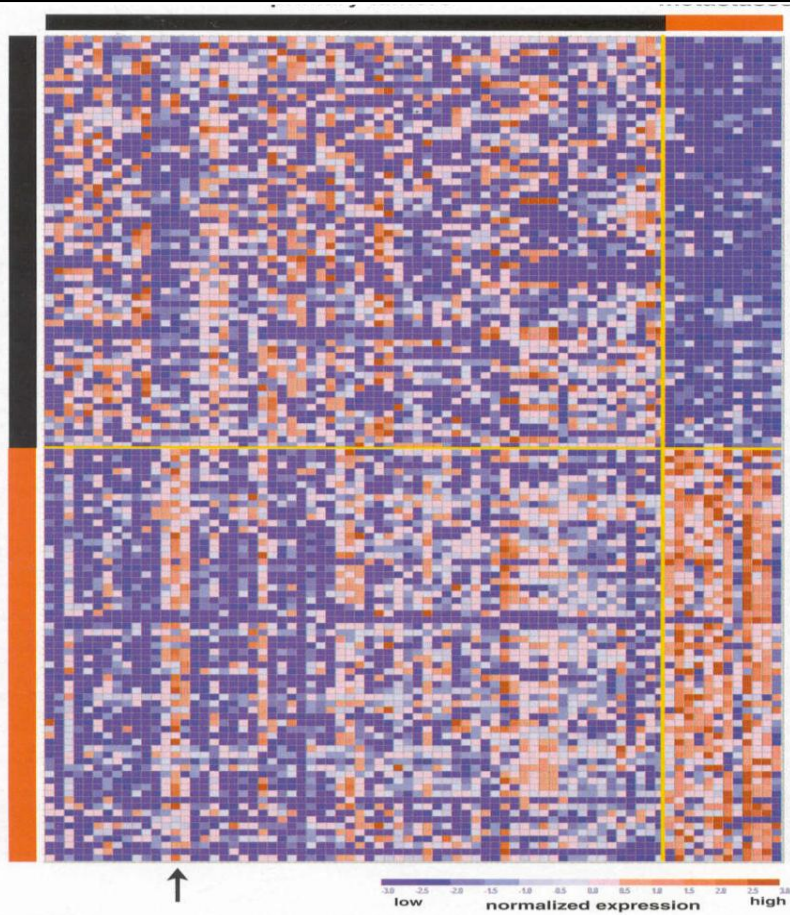
**ID of Causal Relationships Between
Network Perturbations and Disease**



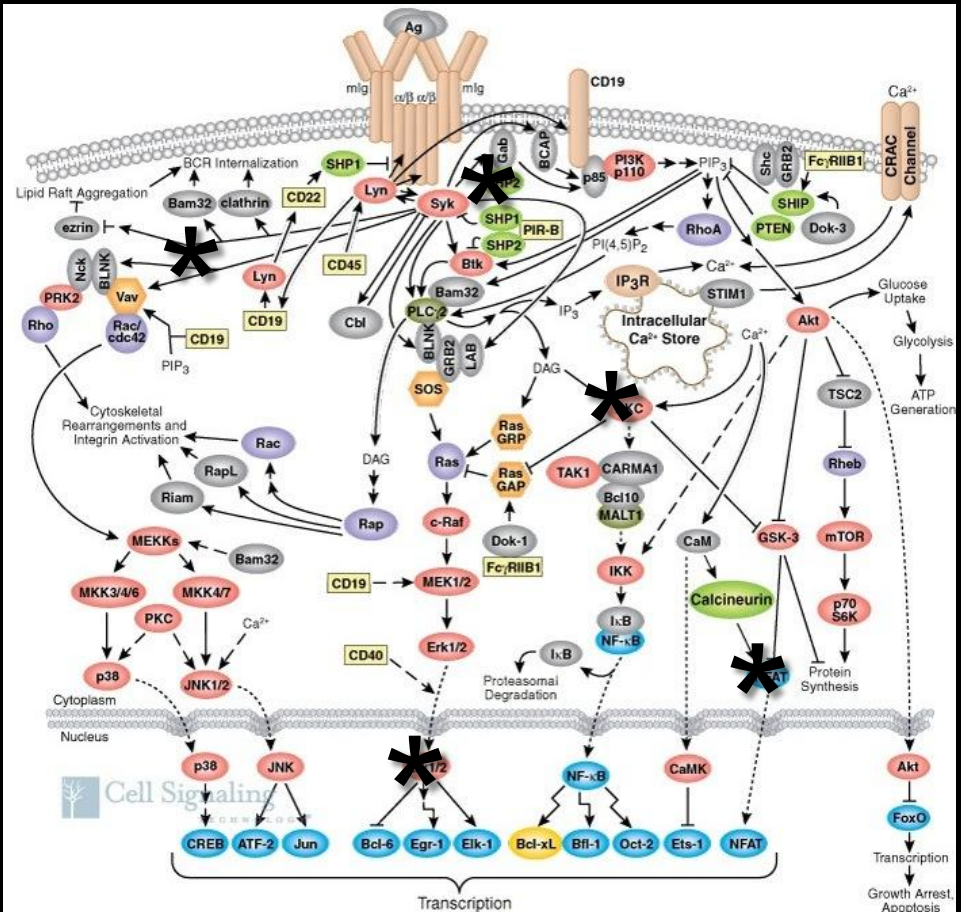
**Patient-Specific Signals and Signatures of Disease
or Predisposition to Disease**

Mapping Causal Perturbations in Molecular Pathways and Networks in Disease: Defining a New Taxonomy for Disease

Disease Profiling to Identify Subtypes (+ or - Rx Target)



ID Molecular Targets for MDx and/or Rx Action



Disease Subtyping and Targeted Therapy: The Right Rx for the Right Disease Subtype

- **improved clinical outcomes**
- **cost-effectiveness in eliminating futile Rx**
- **reducing high failure rate of new drugs in R&D clinical trials by testing only on relevant patients**
 - **faster and cheaper trials**
 - **improved efficacy, clear regulatory endpoints and faster approval**
 - **premium pricing for guaranteed outcomes (P4P)**

K-RAS Profiling and Anti-EGFR Monoclonal Antibody Therapy



AMGEN



clinical guidelines



- higher response in patients with wt K-RAS versus mutant-K-RAS
- estimated \$604 million/year savings (ASCO)



- regulatory endorsement in product labeling



- payor adoption

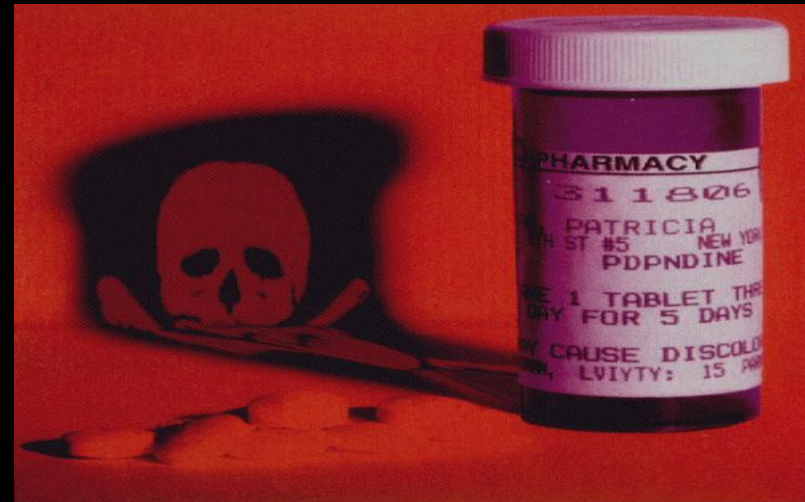
Disease Subtyping and Targeted Therapy: The Right Rx for the Right Disease Subtype

- **improved clinical outcomes**
- **cost-effectiveness in eliminating futile Rx**
- **reducing high failure rate of new drugs in R&D clinical trials by testing only on relevant patients**
 - **faster and cheaper trials**
 - **greater regulatory clarity**
 - **premium pricing for guaranteed outcomes (P4P)**

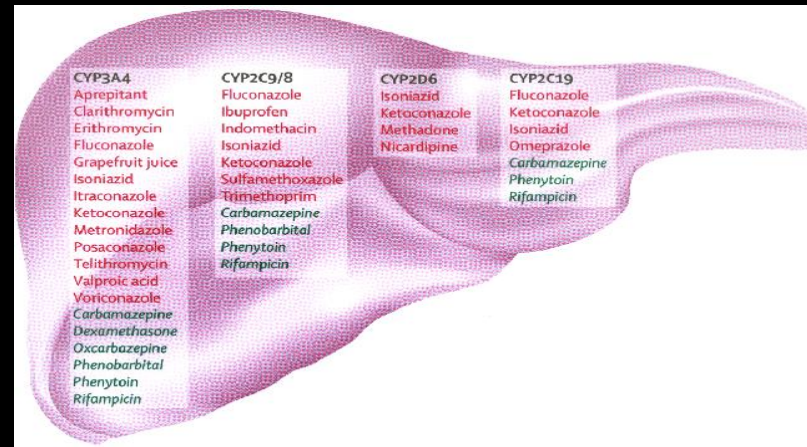
**downside implications for ineligible patients
with no therapeutic alternative(s)**

Mapping the Genetics of Drug Metabolism: Profiling Patient Risk to Adverse Drug Reactions

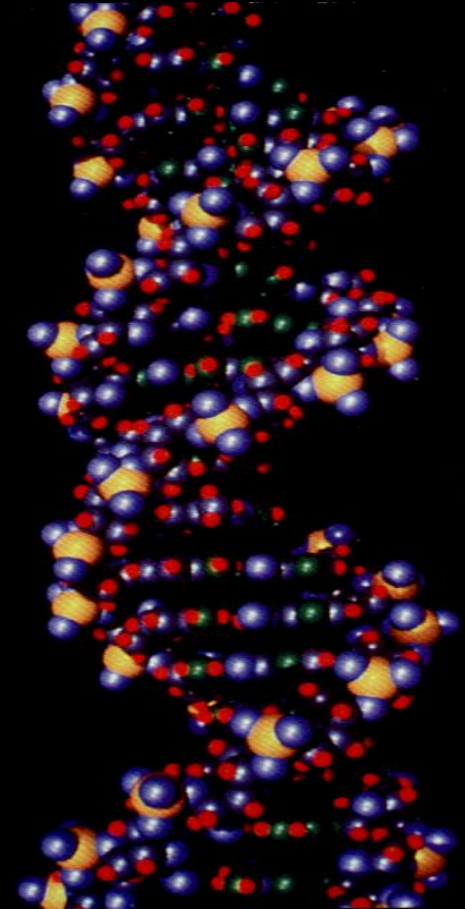
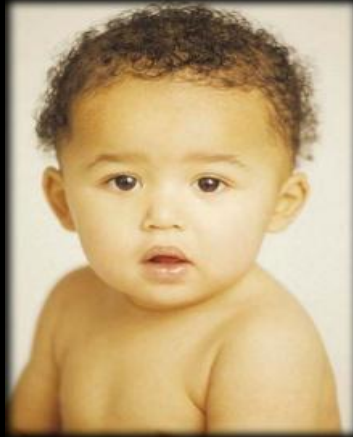
Right Rx for the Right Patient



- 1.5 to 3 million annual hospitalizations (US)
- 80 to 140 thousand annual deaths (US)
- est. cost of \$30-50 billion



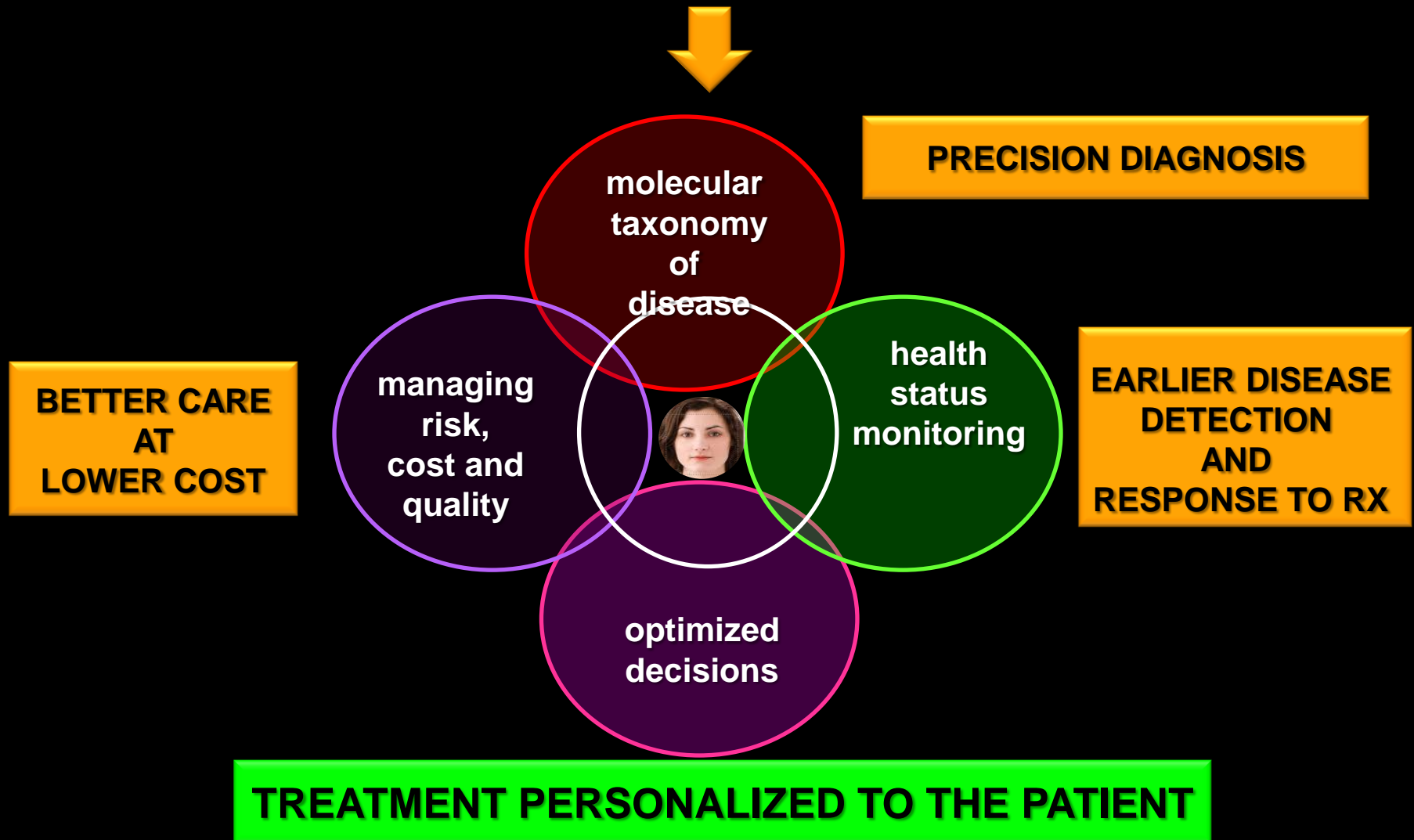
Genetic Profiling to Identify Risk of Predisposition to Disease



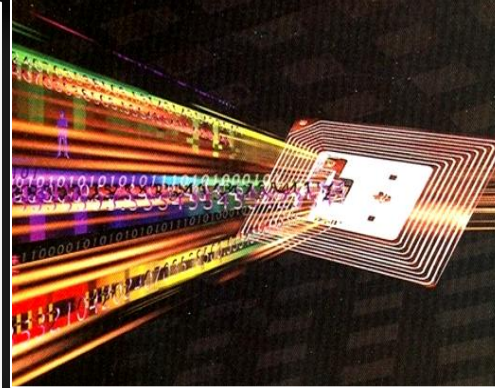
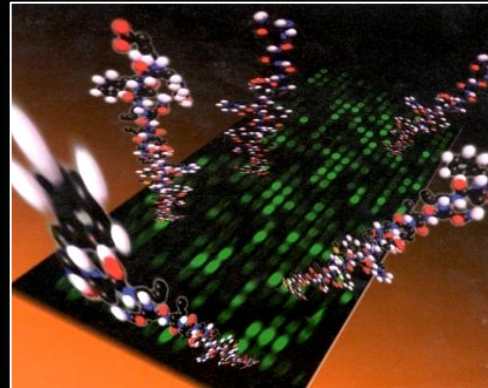
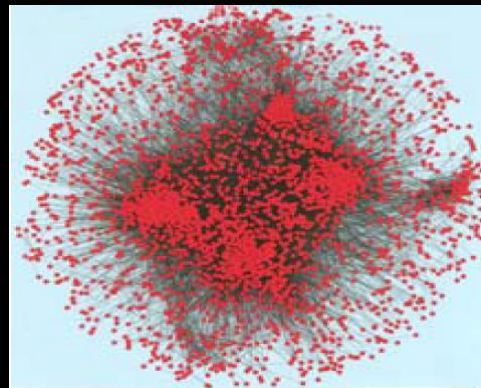
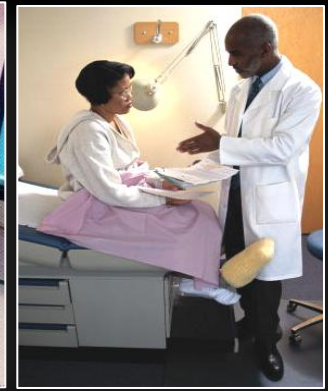
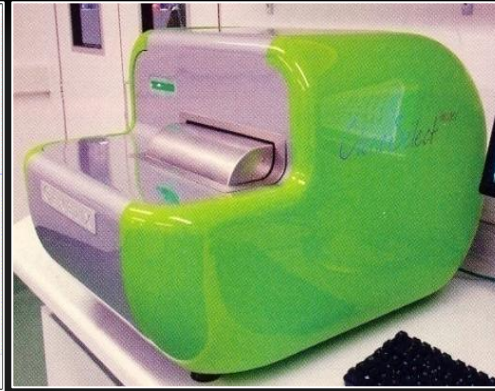
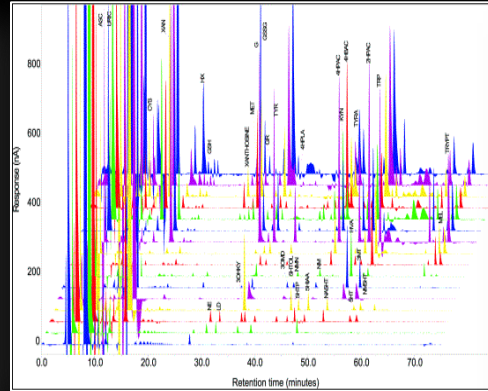
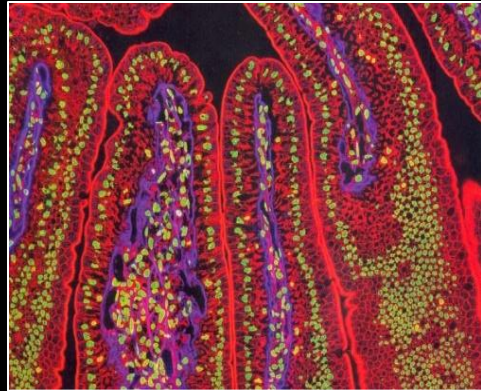
The Rise of Consumer Genomics: Genetic Profiling to Identify Risk of Predisposition to Disease

- **the much publicized (hyped) \$1000 genome**
- **\$1000 genome but big bucks to interpret the results plus myriad ambiguities**
 - **defining probabilistic risk(s) with greater certainty**
 - **current unknown rules of gene-gene interactions or lifestyle/environmental factors in increasing or reducing risk(s)**
 - **ethical issues: privacy, disclosure, discrimination**

Disruptive Innovation in Healthcare: Redefining the Value Equation in Healthcare



Identification and Validation of Disease-Associated Biomarkers: Obligate Need for a Systems-Based Approaches



**Biospecimens
and
Molecular
Pathway
Analysis**

**Biomarker
Validation
and
Multiplex Assays**

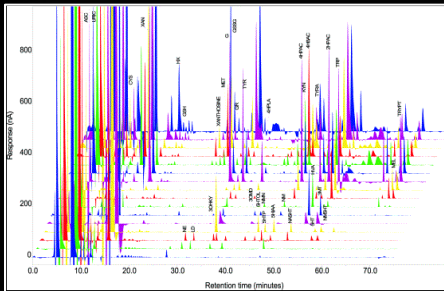
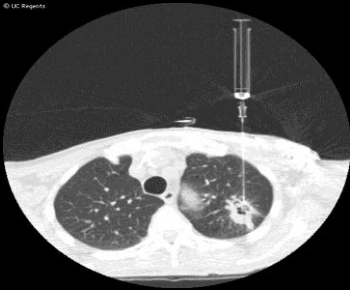
**Instrumentation
and
Informatics**

**Clinical
Impact
and
Patient
Monitoring**

The Poor Performance Record of Biomarker Discovery and Validation

- **'publish and vanish'**
 - **over 120,000 claimed biomarkers or biomarker combinations (biosignatures)**
 - **less than 100 molecular diagnostics in clinical use or advanced validation trials**
- **literature dominated by anecdotal studies**
 - **academic laboratories**
 - **lack of standardization: biospecimens to analytical platforms**
 - **small patient cohorts and insufficient statistical power**
 - **poor replication and confirmatory studies**
- **widespread lack of understanding of regulatory requirements in academic research community**
 - **GLP, GMP, Records, RUO instruments versus Clinical Use**
 - **technical complexities of multiplex assays**
 - **new regulatory oversight (IVDMIAAs)**

Building Large Scale, Standardized Resources for Biomedical Research



- rigorously phenotyped/matched/consented disease and normal specimens
- biobanking: leadership and national policies to create a vital research resource
- standardization of pre-analytical and analytical methods
- standardized data ontologies and formats for large scale datasets/federated databanks

Large Scale Profiling of Cancer Patients to Identify Cohorts Expressing Rx Target(s) for Phase II Trials

Target	# Patients Screened	# Eligible Patients	# Centers	# Countries
EML4 ALK ⁺ : lung cancer [*]	1500	82	9	1
HER2 ⁺ : gastric cancer ^{**}	3803	549	122	24

^{*} E.L. Kwak et al. (2010) NEJM 363, 1693

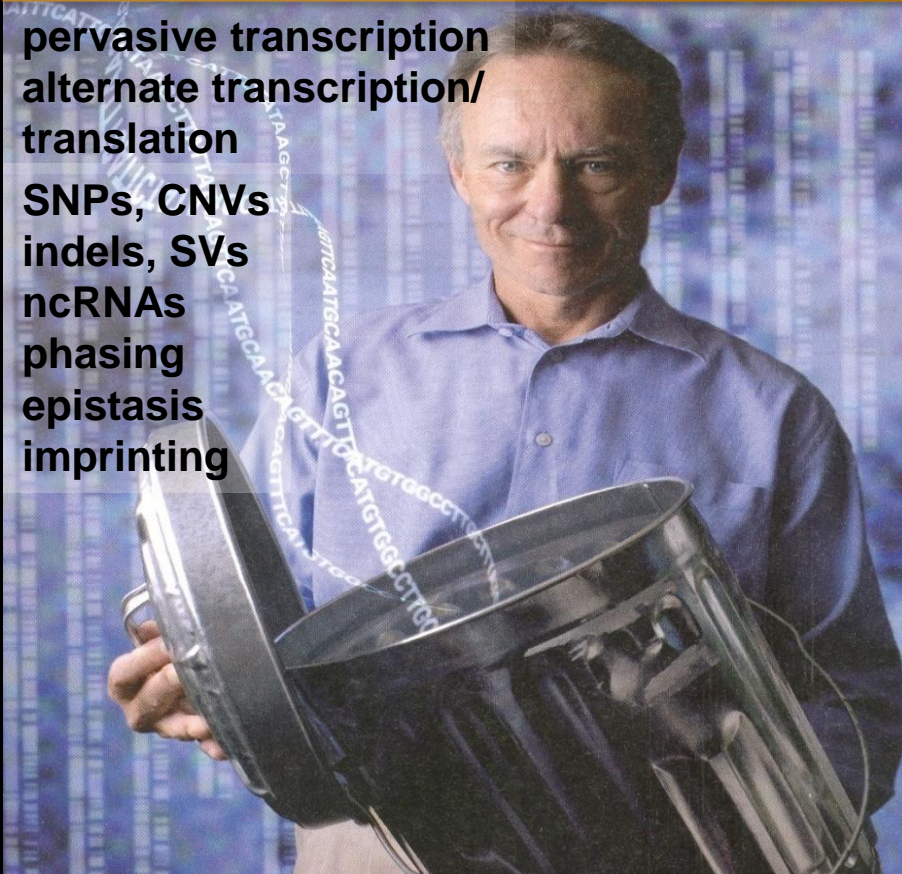
^{**} Y. Bang et al. (2010) Lancet 376, 687

Individual Variation, Genome Complexity and the Challenge of Genotype-Phenotype Prediction

Junk No More!

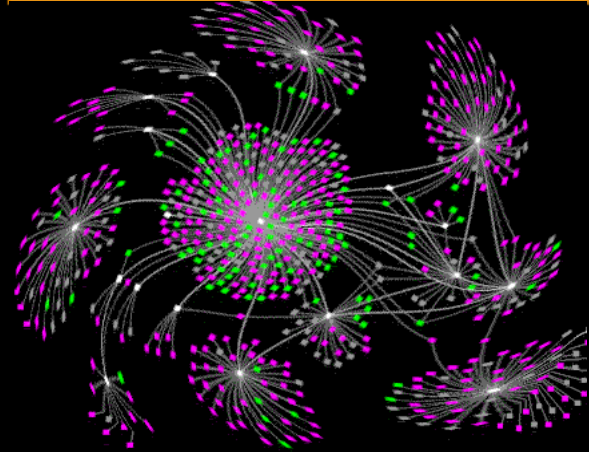
pervasive transcription
alternate transcription/
translation

SNPs, CNVs
indels, SVs
ncRNAs
phasing
epistasis
imprinting



recognition of increasing
organizational and regulatory
complexity

Molecular Interaction Networks



Disease Perturbations



Cluster Assignment

1 2 3 4

GATA/IL

E2F

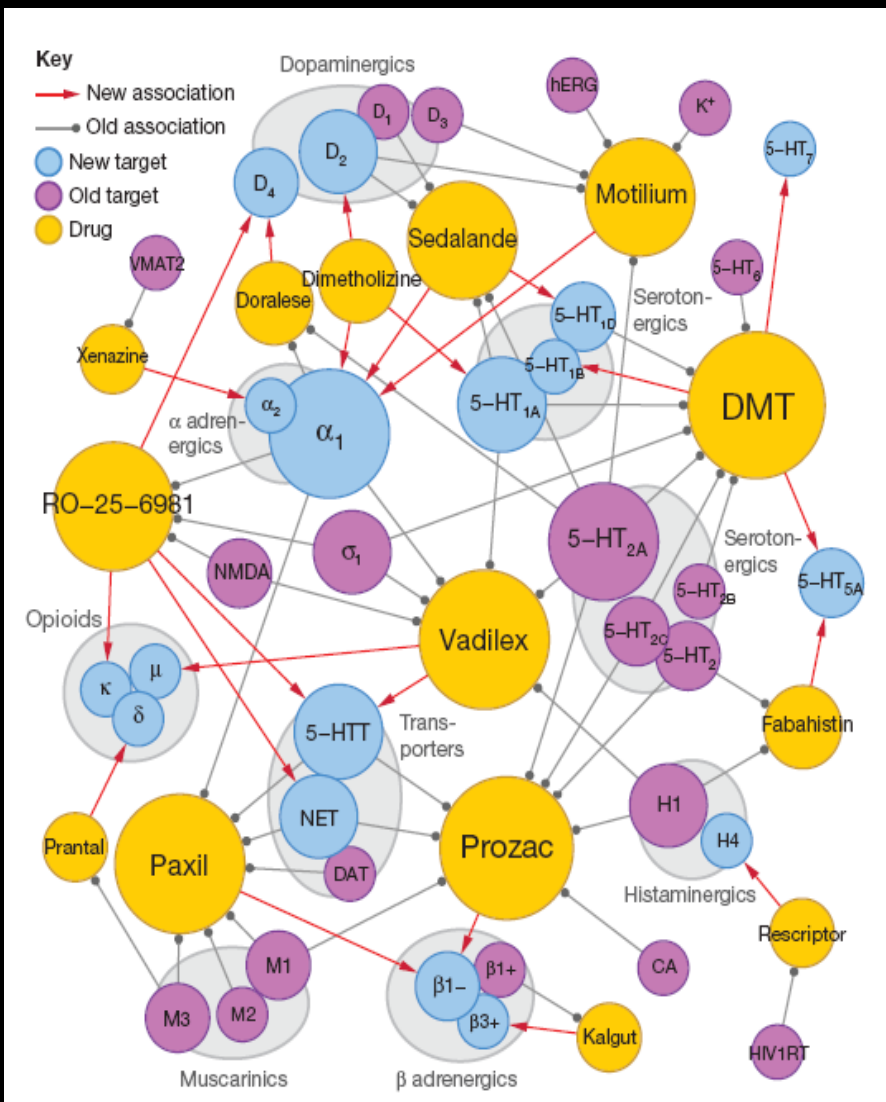
EGFR

HIF-1-
alpha

1.00
0.67
0.33
0.00
-0.33
-0.67
-1.00

**From: J. H. Morris et al. (2010)
Molec. Cell. Proteomics 9, 1703**

Network Pharmacology

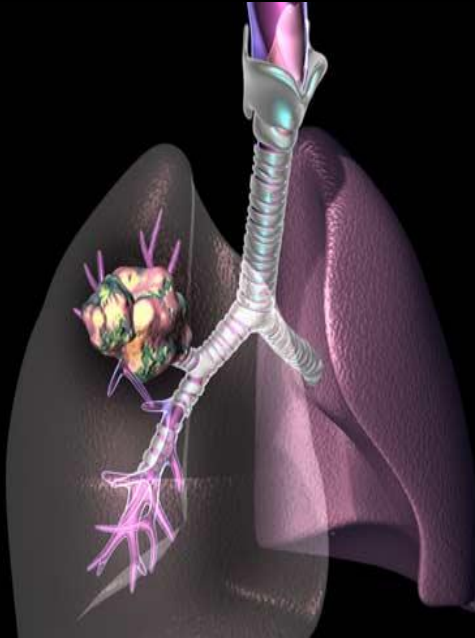


- analysis of Rx action in context of network topologies and dynamics
- same drug: interaction with multiple targets
- same target: interaction with multiple drugs
- mapping structural chemotypes to specific pathways and subnetworks for targeted (poly)pharmacology

Mapping the Molecular Signatures of Disease, Disease Subtyping and Targeted Therapy: The Right Rx for the Right Disease (Subtype)



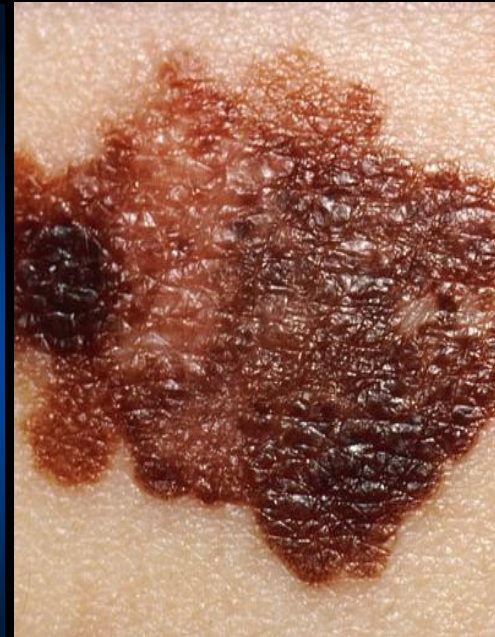
**Her-2+
(Herceptin)**



**EML4-ALK
(Xalkori)**



**KRAS
(Erbix)
(Vectibix)**



**BRAF-V600
(Yervoy)
(Zelboraf)**

**Initial Response (A/B) of BRAF-V600 Positive Metastatic Miliary Melanoma
After 15 Weeks Therapy with Vemurafenib (Zelboraf® - Roche)
Followed by Rapid Recurrence of Rx-Resistant Lesions
with MEKI C1215 Mutant Allele After 23 Weeks Therapy**



**From: N. Wagle
et al. (2011)
J. Clin. Oncol. 29, 3085**

**Rethinking Approaches to
Rx Discovery
for Advanced Chronic Diseases**

**Is There a Fundamental Imbalance
in Investment in Diagnostics
Versus Therapeutics?**

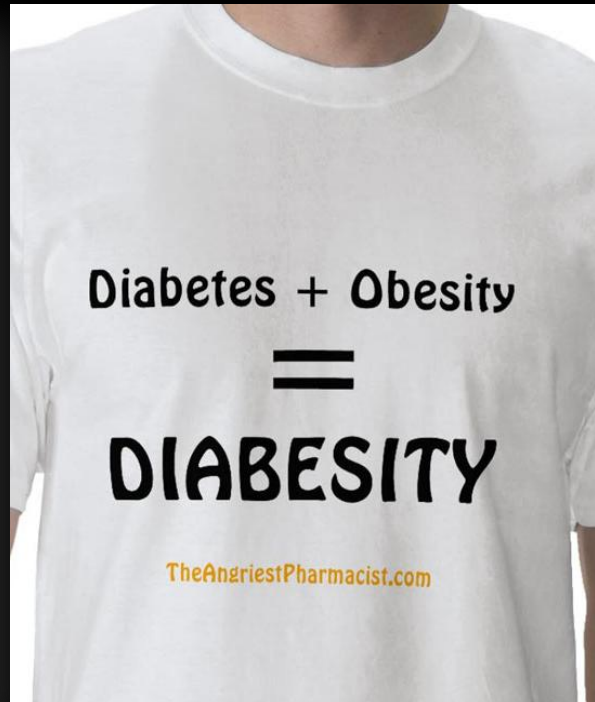
Opportunities and Challenges Posed by Ever Earlier Detection of Major Diseases

Cancer Detection Before Metastasis



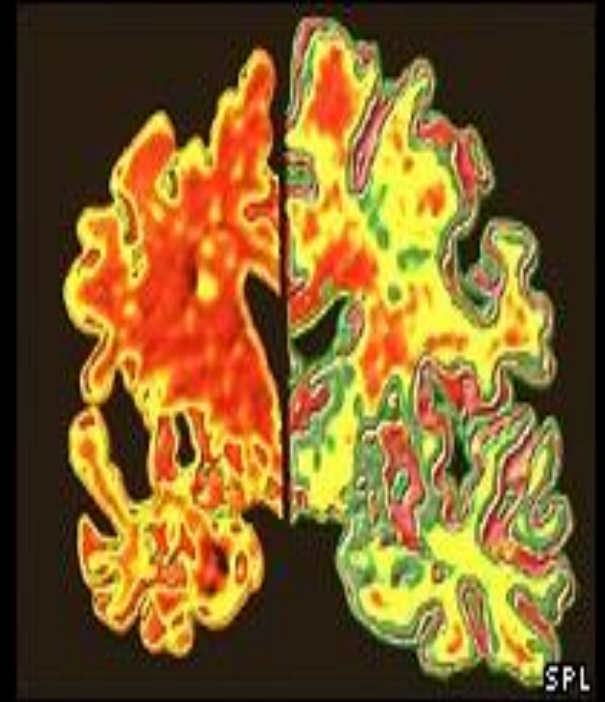
Early Diagnosis and Curative Surgery

Cardiovascular/ Metabolic Diseases



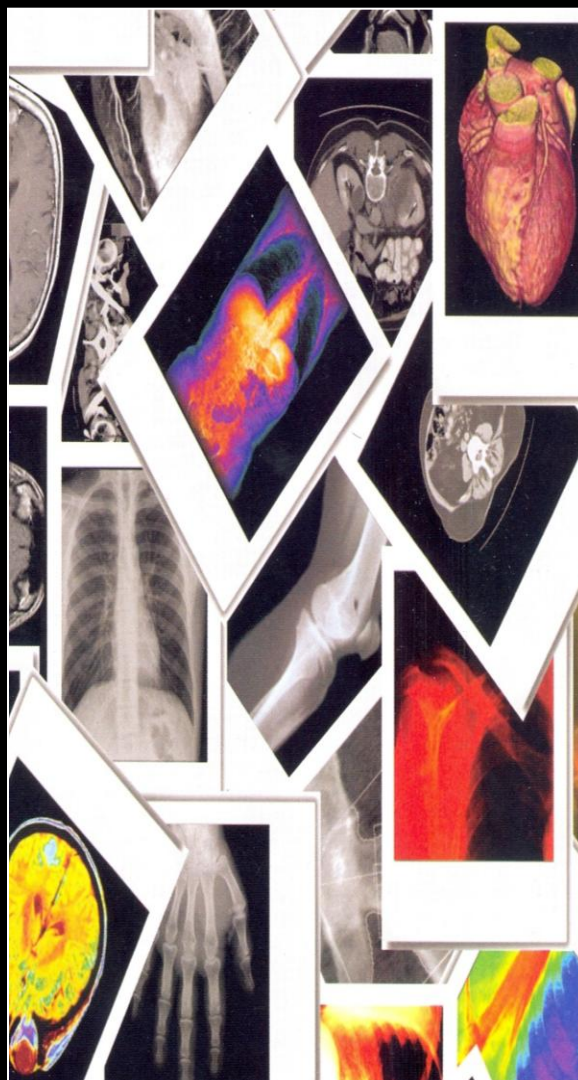
Lifestyle Changes and/or Rx to Limit Risk

Neurodegenerative Diseases



The Dilemma of Early Diagnosis Without Rx

How Much New Technology Can We Afford?



Back To The Future

Balancing Public Expectancy with Economic Realities

Cost and Quality of Care



**Chronic Disease
and
Quality-of-Life**

Demographics

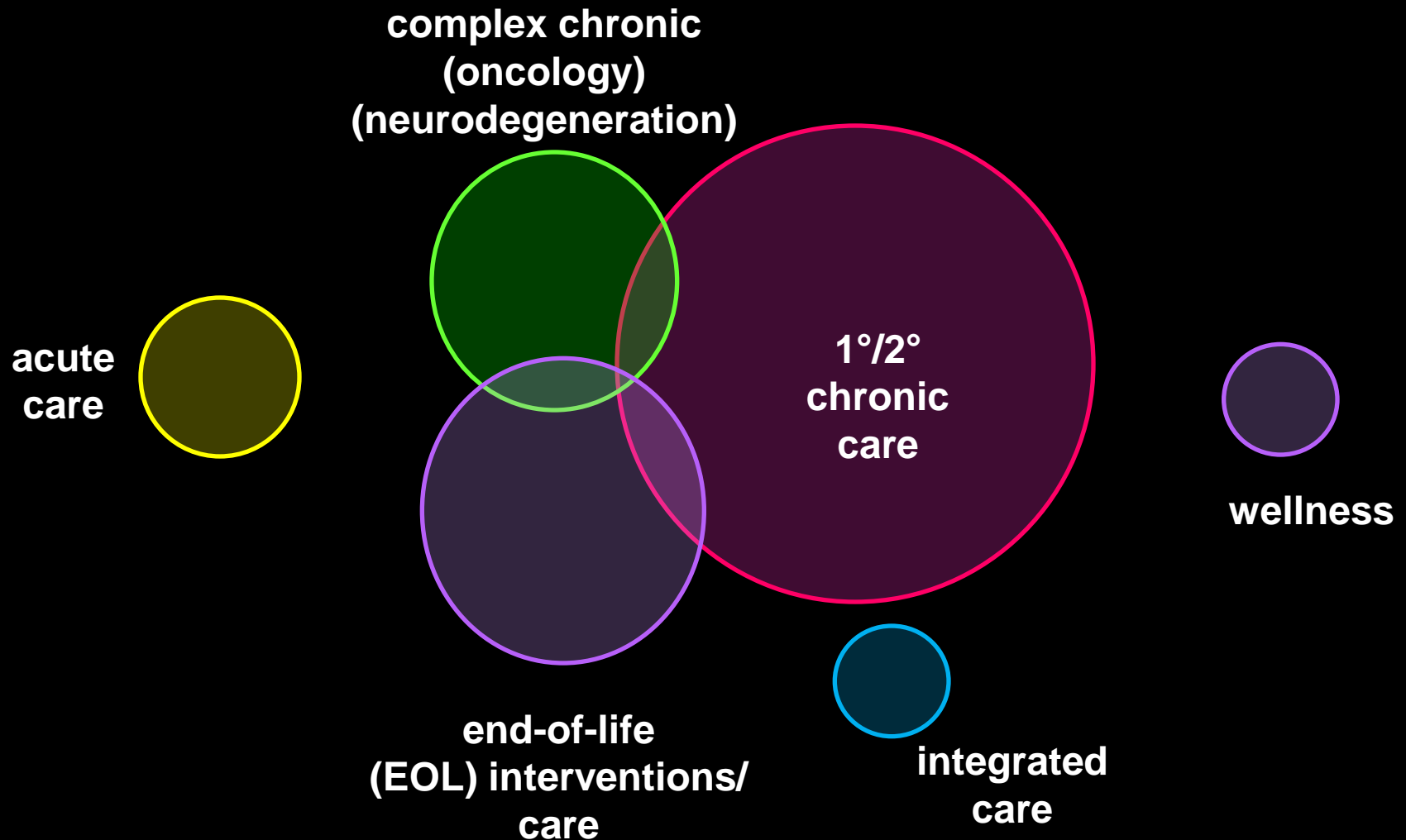
Phase III Studies Comparing Chemotherapy With or Without Bevacizumab as First-Line Therapy for Advanced Epithelial Cancers

Neoplasm	Study	Bevacizumab Effect	
		PFS (months)	OS (months)
Breast	ECOG E2100	+5.9*	+1.5
	AVADO	+0.8*	-1.1
	RIBBON-1	+2.9*	+7.8
Ovarian	GOG 0218	+0.9	-0.6
Lung	ECOG E4599	+1.7*	+2.0
Gastric	AVAGAST	+1.4*	+2.0
Pancreas	CALGB 80303	+0.9	-0.1
CRC	Hurwitz	+4.4*	+4.7*
	Saltz	+1.4	+1.4

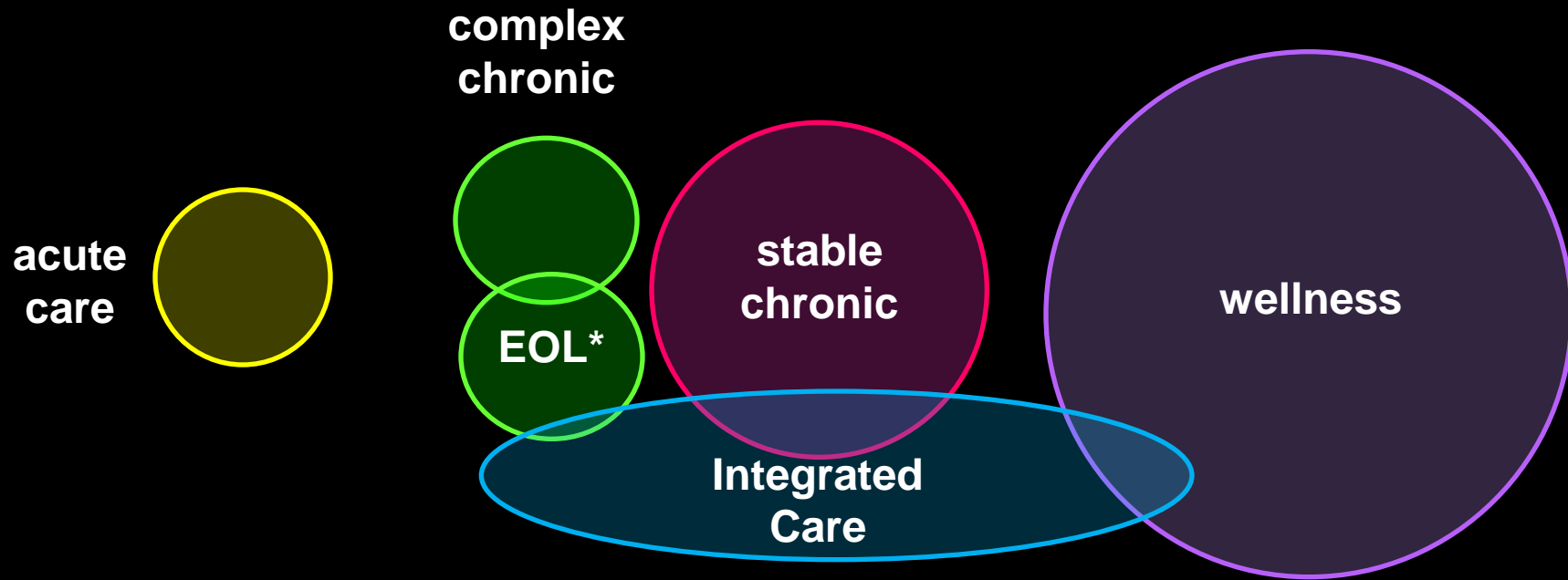
*Statistically significant

Adapted from: A. Ocana et al (2011) J. Clin. Oncol. 29, 254

Categories of Care and Cost: Today



Recalibrating Categories of Care and Cost: Bending the Cost and Quality Curves



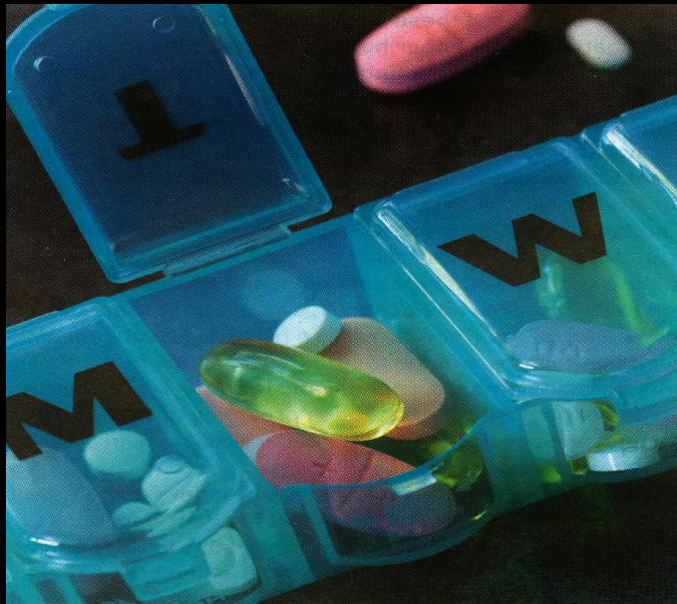
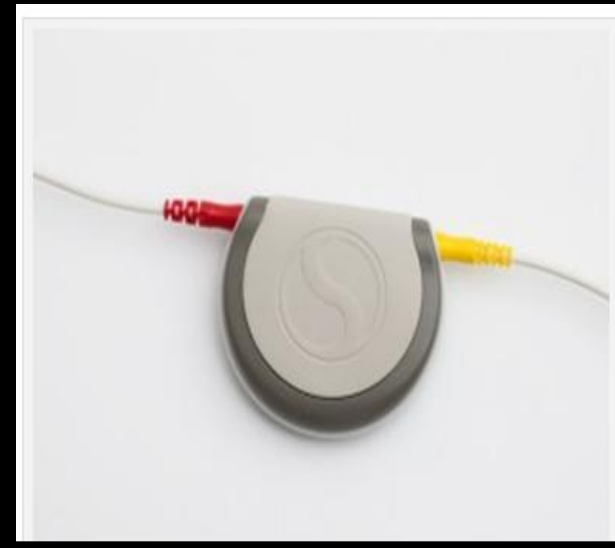
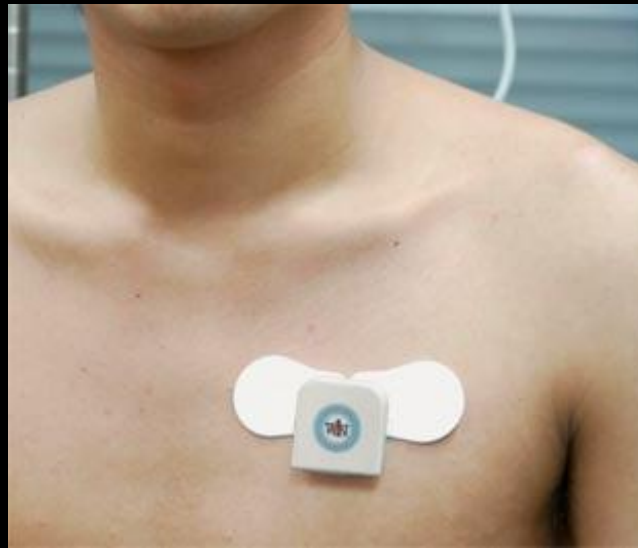
*EOL = end-of-life care

The Rise of m.(mobile)Health and e.Health

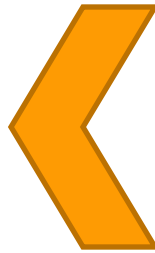
**Individual Biosignature Profiling Via
Sensors and Devices**

Remote Health Status Monitoring

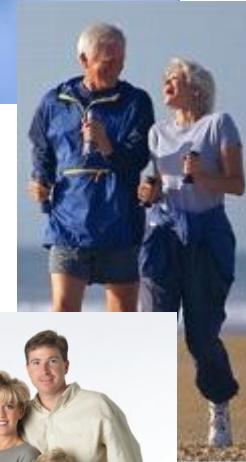
Wireless Devices and Remote Monitoring of Health Status and Rx Compliance



m.Health



**Remote
Health
Monitoring
and
Chronic
Disease
Management**



**Lifestyle
and
Fitness**



**Information
for
Proactive
Health
Awareness
(Wellness)**

Wireless Devices for Health Status Monitoring



Increasing Engagement of Informed Consumers/Patients in Healthcare Decisions: Increased Personal Responsibility for Maintaining Health (Wellness)

Information Resources

- disease specific advocacy groups
- mass media
- web resources and social media
- mobile apps
- healthcare providers/ professionals



Optimizing Wellness and Risk Reduction

- “my profile”
- “my biorepository”
- “my health today”
- early alerts and risk mitigation
- virtual expertise network
- expertise locaters and clinical trial enrollment



HealthMap

Global Disease Alert Map

English | Español | Français | Português | Русский | 中文 | العربية

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The Changing Roles of Consumers (well)/Patients (ill)

past

- **passive role and medical paternalism**
- **reliance on physicians to maintain health records**
- **reliance on physicians as primary source of trusted medical information**
- **isolated illness episodes and annual check-up**

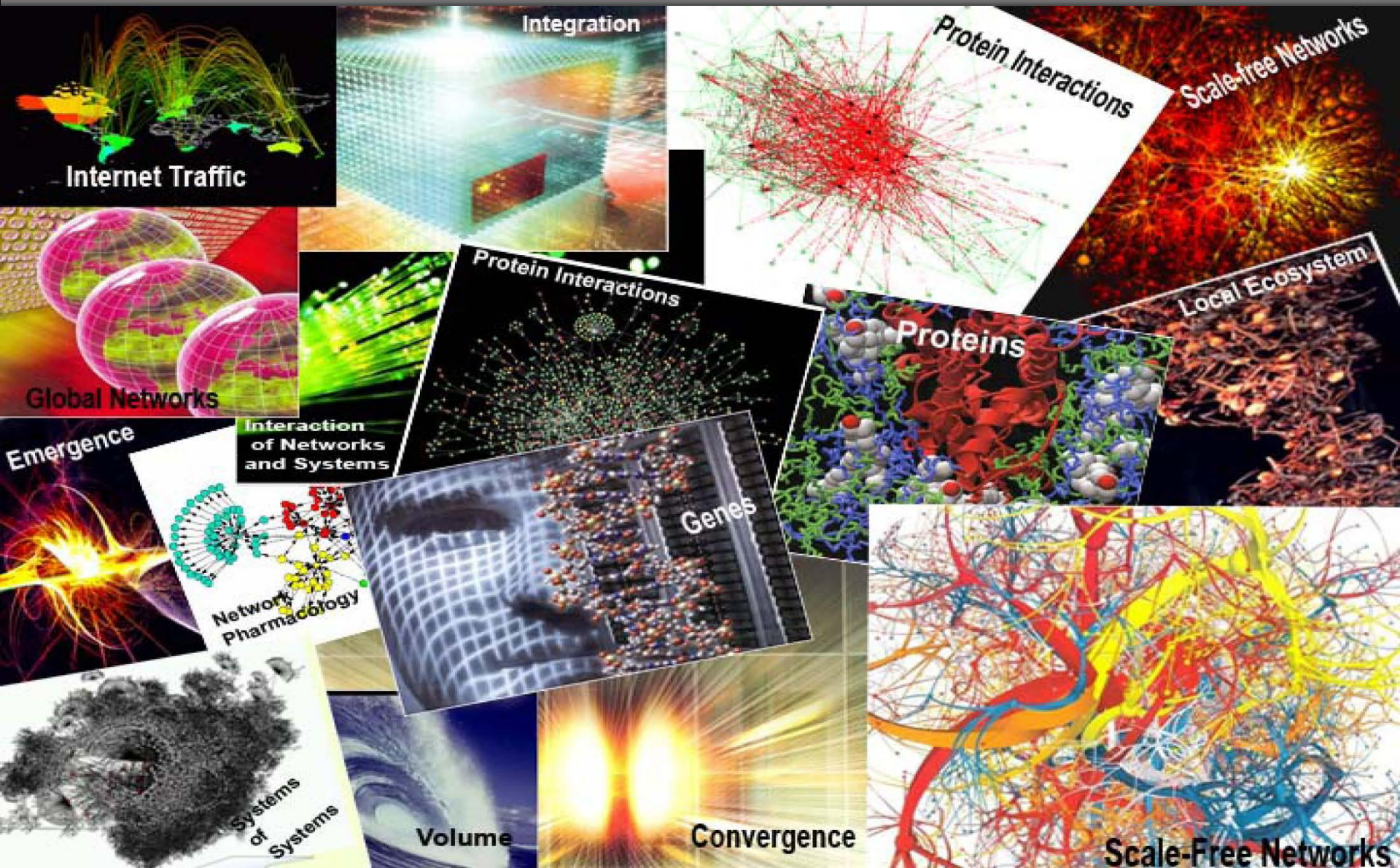
future

- **increasingly active managers of personal health**
- **increasing knowledge of genetic risks, Rx actions**
- **access to own digital health records**
- **extensive use of internet, social networks for medical information**
- **real time, remote monitoring of health and wellness with digital devices**

e.Health, m.Health and Patient Empowerment

- **greater access to information on treatment options**
- **generation-dependent ease and expectations for shared role in decisions**
- **new doctor-patient relationships**
- **new ‘cultural’ skills for healthcare professionals**
 - **less paternalism**
 - **patient education**
- **major gaps in professional familiarity and competencies in molecular medicine**

Data: The Fastest Growing Resource on Earth



A Learning Healthcare System

Proliferation of Clinical Computational Systems




Clinical Decision Support Systems: State of the Art

AHRQ Publication No. 09-0069-EF
June 2009

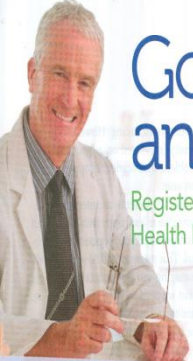


Agency for Healthcare Research and Quality
Advancing Excellence in Health Care www.ahrq.gov Health IT



The Office of the National Coordinator for
Health Information Technology

Overview:
Federal Health IT Strategic Plan
2011-2015



Go Paperless and Get Paid

Register NOW for CMS Electronic
Health Record Incentives

CMS **HealthIT.gov** **(HR)**



Personal Health Card®


iChip™

9000 0000 0000 0000

MEMBER SINCE 01/10
J JOHNSON

J JOHNSON

By Diane Cleverley, Ph.D. and Donna L. Hilton
Aircraft Health Education



Informed Patients Just Ahead

HITECH Mandates

Incentives

**EHR and
Smart Cards**

**Informed
Consumers/Patients**

Managing “Mega-Data” in Biomedicine

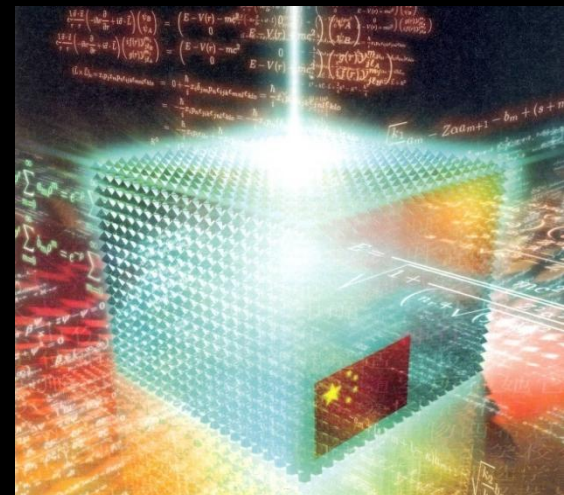
volume



computational scale



global networks



bench to bedside: multiscale heterogeneity

integration

Managing Massive Data

Standards for Data Reporting and Database Design

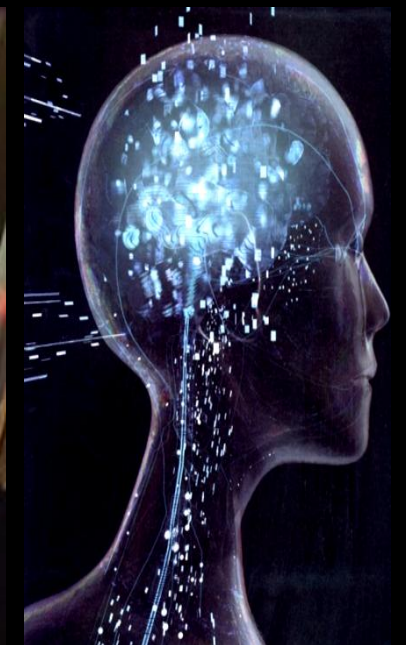
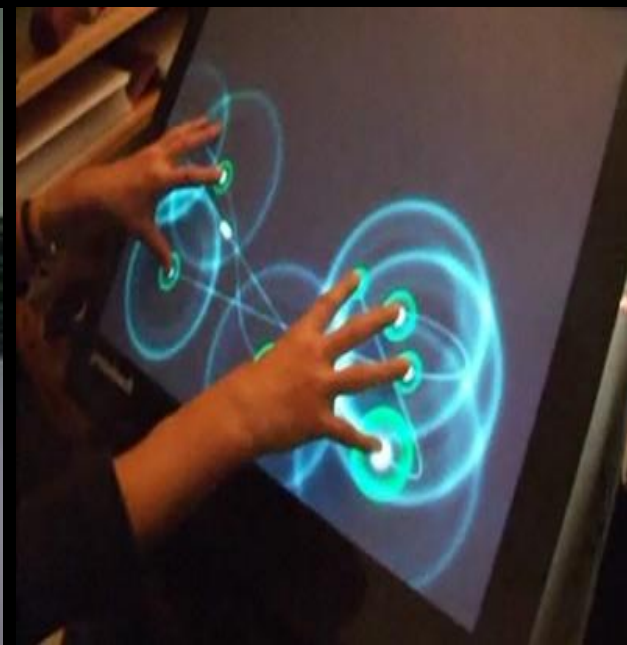
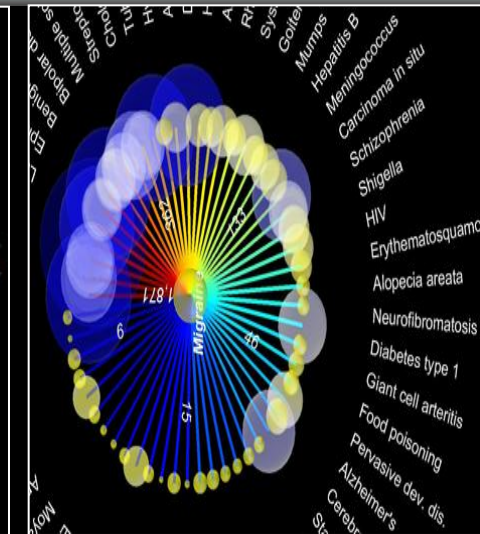
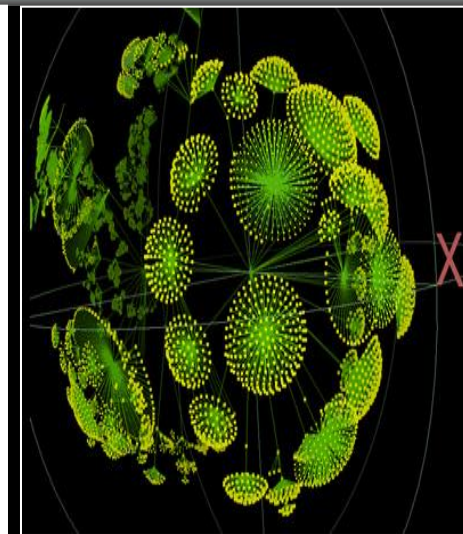
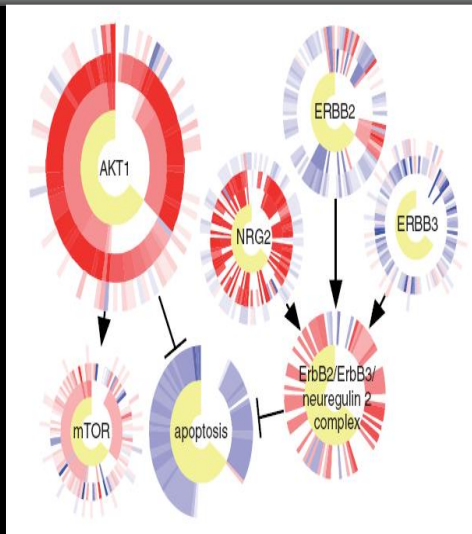
**Interoperability of Databases
Across The Continuum from Discovery to Patient Care**

New Analytics and High Performance Computing

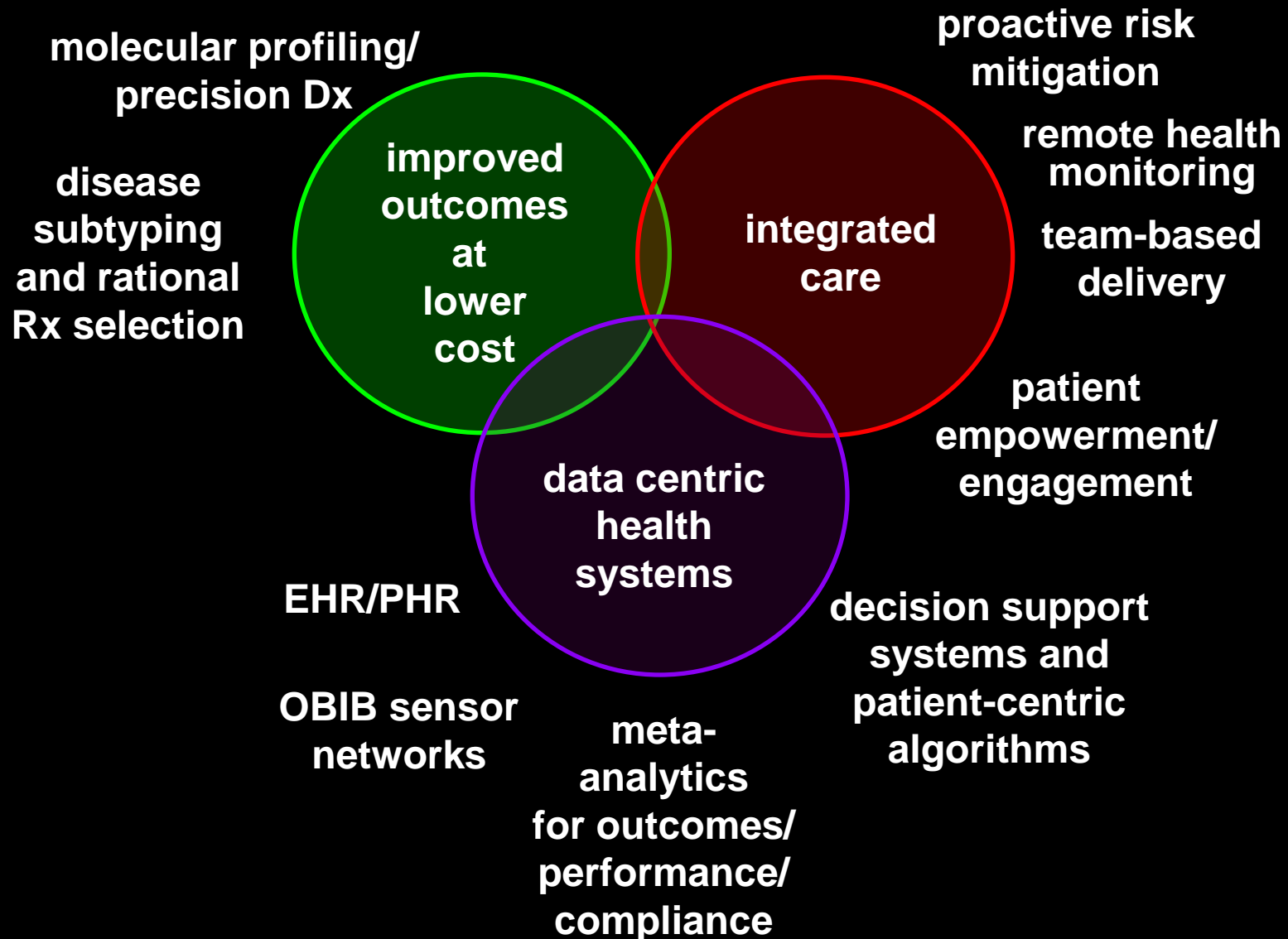
The Only Valuable Data is Validated, Actionable Data



New Visualization Tools, Interactive Interfaces and Rapid Customization Formats



New Value Propositions in Healthcare: Improved Quality and Outcomes at Lower Cost



Building Knowledge Networks to Improve Individual Health and Sustainable Healthcare Delivery

ACKM and superior decisions: improved care, lower cost, better outcomes



**on-body,
in-body
sensors/devices**

**molecular profiling of patients
(personalized medicine)
and global disease surveillance
(public health)**

**mapping the
dysregulation of
biological networks
in disease**

The Innovation Ecosystem for Biomedical R&D and Healthcare Delivery

- **molecular medicine**
 - precision Dx and rational Rx
 - regenerative medicine
- **engineering-based medicine**
 - sensors and remote health status monitoring
- **information-based medicine**
 - meta-analysis of massive data
 - new decision support algorithms
- **networked medicine**
 - expertise networks and integrated care
- **consumer/patient engagement**
 - increased personal responsibility for wellness
- **realignment of role of MD in healthcare**
 - matching skills to needs
 - education curricula

Disruptive Innovation Demands Boldness!

- the failures of timid incrementalism and the retreat from complexity



- “It’s not because things are difficult that we dare not venture. It’s because we dare not venture that they are difficult.” Seneca