



The Strategic Landscape for the US Health Ecosystem: Challenges and Opportunities

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EMED 227/127 Health Care Leadership Stanford University School of Medicine Virtual Lecture
12 January 2022

Observations on Leadership: Multi-Sector Career Experience

Academia











Industry















Government









Public Policy















Professional











Leadership

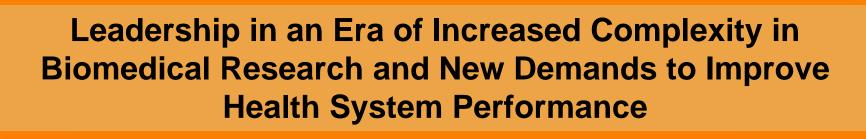
- identify and implement the organizational and functional skills needed to achieve strategic aspirations, operational goals and superior performance
- understand the network of key internal and external participants and systems that will enable or impede success
- promote and constantly adapt organizational competencies to respond to new challenges and opportunities
- every sector presents unique leadership challenges

Leadership

- insatiable intellectual curiosity and work intensity
- talent selection, mentoring and celebrate the career advancement of colleagues
- open debate of best approaches to complex problems, particularly those with no precedent
- credit others (and always say 'thank you')
- no BS: willingness to say, "I don't know (but I'll find out)"
- accountability is not a dirty word
- humor helps!
- epitomize the ethos/ethic of the desired organizational culture and reputation

Leadership

- relentless proactive evaluation of risks and opportunities in an era of accelerating change
- timely identification of emerging disruptive trends
 - cross-domain technology convergence and cross- sector private sector alliances
- agile decision making in the face of escalating complexity and uncertainty



The US Healthcare Ecosystem

- the \$4.1 trillion US health system (c. 20% GDP) is unmatched in the scale and diversity of organizations and functions
- over 450,000 entities involved in the development and delivery of highly specialized services to heterogenous populations over their lifetimes
- health ranks highest in public and political expectations regarding access, availability and affordability of care

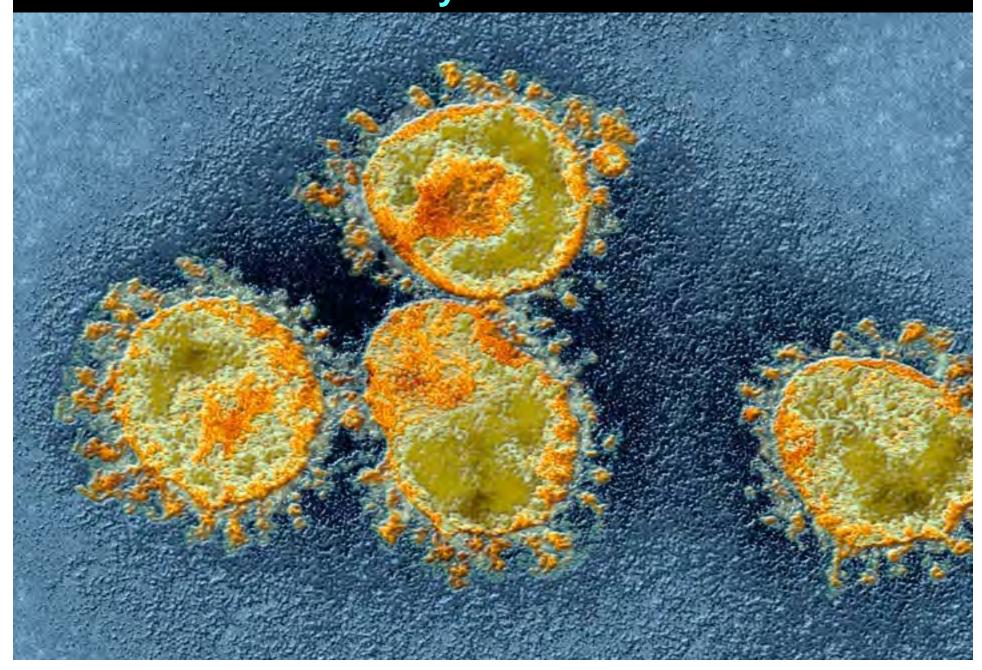
The US Health Ecosystem

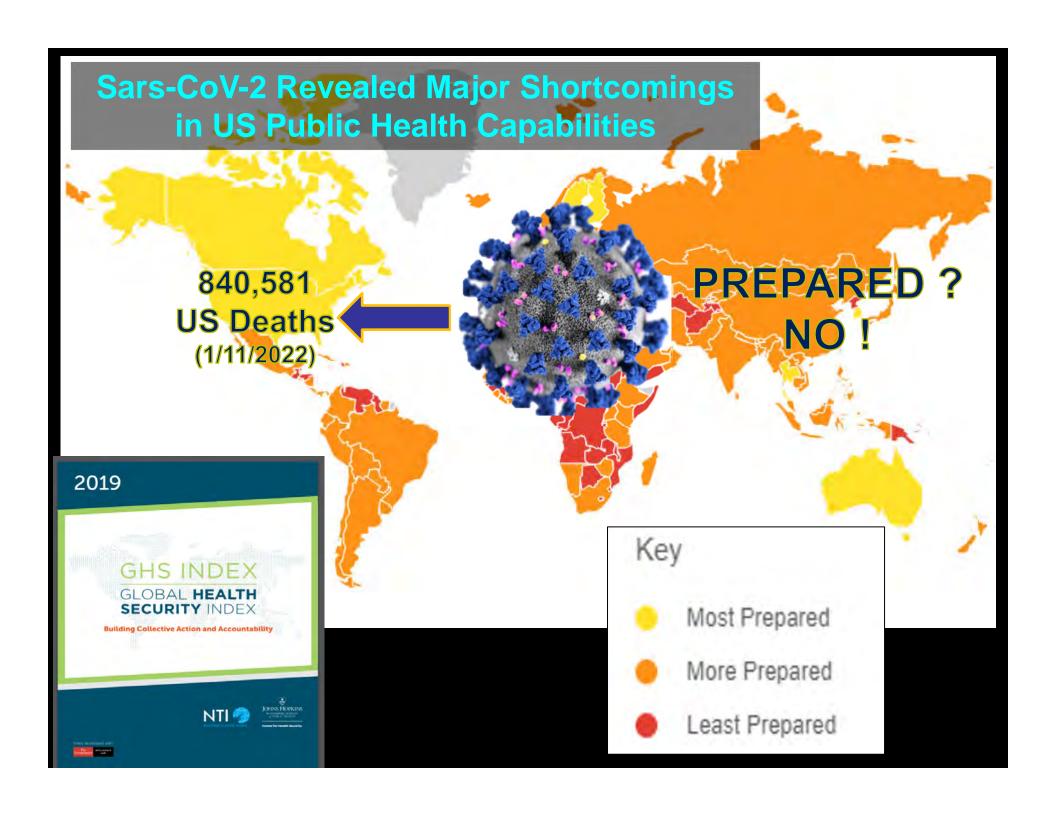
- economically and clinically unsustainable
- domination of care-centric activities (sick care) versus investment in health risk reduction (wellness)
- demographics of an aging society and increased chronic disease burden
 - 50% cost incurred in last six months of life
- disturbing increase in mental illness, SUD, suicide even before the COVID pandemic
- large disparities in access to care and wide variation in clinical practice
- poor coordination and continuity of care across the health/health care system
- inefficient integration and analysis of data to drive evidence-based/best practice protocols

The US Health Ecosystem

- urgent imperative to increase access to care, reduce cost and improve clinical outcomes
- adoption of new systems-based approaches to identify and mitigate disease risk
- need for greater recognition of social determinants of health (SDoH) in disease risk and access/cost of care
- system fragility
 - lack of preparedness/resiliency for unanticipated large-scale disruption (pandemic, cyber, grid collapse, supply chains)

A World Transformed By SARS-CoV-2





A Report Card on US Response to COVID-19

Function	Grade
biosurveillance and proactive detection	D
rapid mobilization of case detection/contact tracing	F
supply chain for PPE/support resources	D
national coordination plan	F
fact-based communication and consistent messaging	F
politicization and social tensions	F
trust in government	D
accountability of decision makers	F

A Report Card on US Response to COVID-19

Function	Grade
biosurveillance and proactive detection	D
rapid mobilization of case detection/contact	_

Operation Warp Speed: Grade A+ Generation of Novel Vaccines at Unprecedented Speed.

fact-based communication and consistent messaging	F
politicization and social tensions	F
trust in government	D
accountability of decision makers	F

The Commitment and Resiliency of Front-Line Personnel: Pre-Vaccine Risk Exposure in Healthcare Delivery

first responders



ICU's













clinical laboratories

waste disposal

burn-out

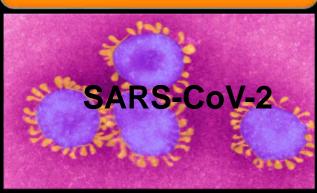
The Relentless Ever-Changing Dynamics of Infectious Diseases

old foes resurgent: Rx – resistance traditional pandemic threats

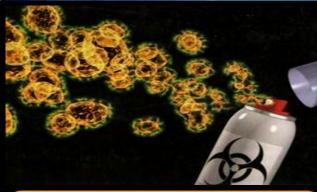
new foes: emerging infectious diseases













climate change and new vector ranges

bioterrorism and bioweapons

dual-use research of concern and threat expansion

Biosecurity

- imperative to rebuild comprehensive global surveillance and preparedness for known and future pandemic threats from emerging infectious diseases
- new dual-use technologies an expanded biothreat spectrum

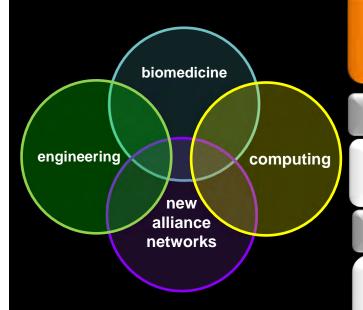
Presentation: Biosecurity and Pandemic Preparedness BIOE122, EMED 122/222, PUBLPoL 122/222 12 January 2022 https://casi.asu.edu/presentations/

Precision Health and Digital Health: Inter-dependent Strategic Drivers in the Evolution of Healthcare Policies and Priorities

The Strategic Landscape for the US Health Ecosystem

technology convergence and cross-disciplinary/ cross-sector networks

escalating burden of chronic disease



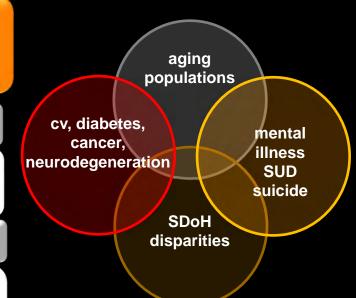
data capture and analysis for better care decisions

precision health (PH)

defining disease at the molecular level

digital health (DH)

identification of disease risk and mitigation

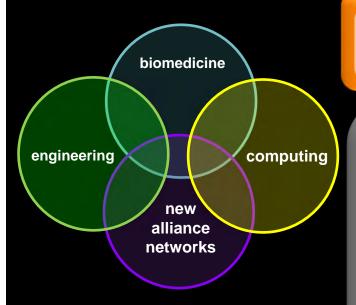


The Strategic Landscape for Biomedical Research and Health Services

technology convergence and cross-disciplinary/ cross-sector networks

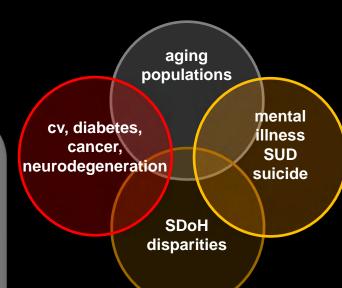
more proficient use of data

escalating burden of chronic disease

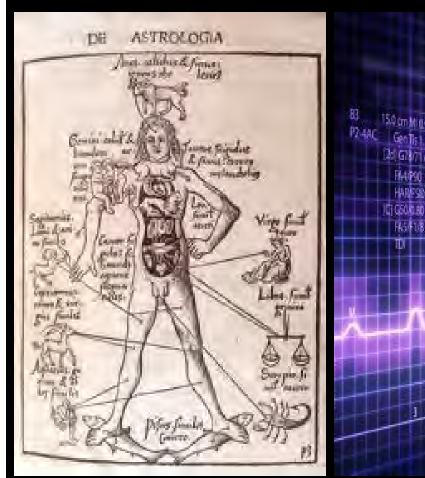


risk management of major cost drivers

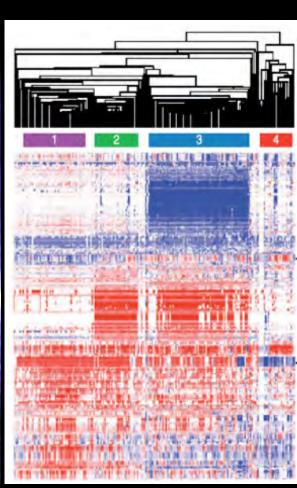
- remote health monitoring to identify/mitigate risk
- reduce (re)hospitalization
- the expanded care space and continuity of care
- SDoH and health disparities
- predictive data analytics for at risk patients



The Path to Precision Health: From Superstitions to Symptoms to (Molecular) Signatures





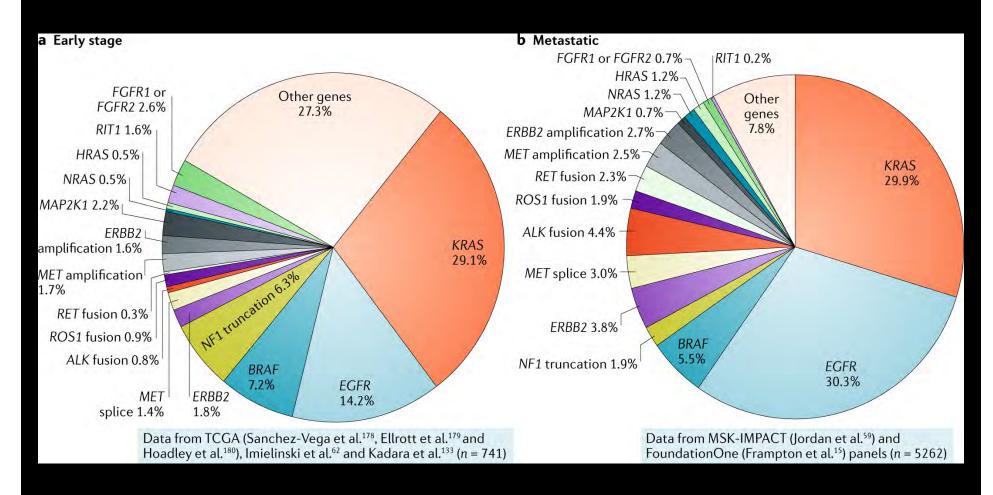


humors; astrology, shamanism, sin and divine fate

biochemistry and organ-based pathophysiology

molecular biology and multi-omics profiling

Molecular Classification of NSCLC and Identification of Single, Largely Non-Overlapping Oncogenic Alterations

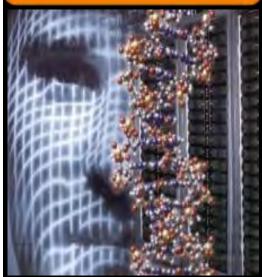


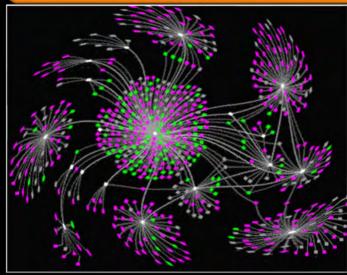
From: F. S. Koulidis and J. V. Heymach (2019) Nature Rev. Cancer 19, 495

Precision Health

(Epi)Genomics and MultiOmics Profiling

Detection of Altered Molecular Signaling Networks in Disease: A New Taxonomy of Disease and Subtype Classification





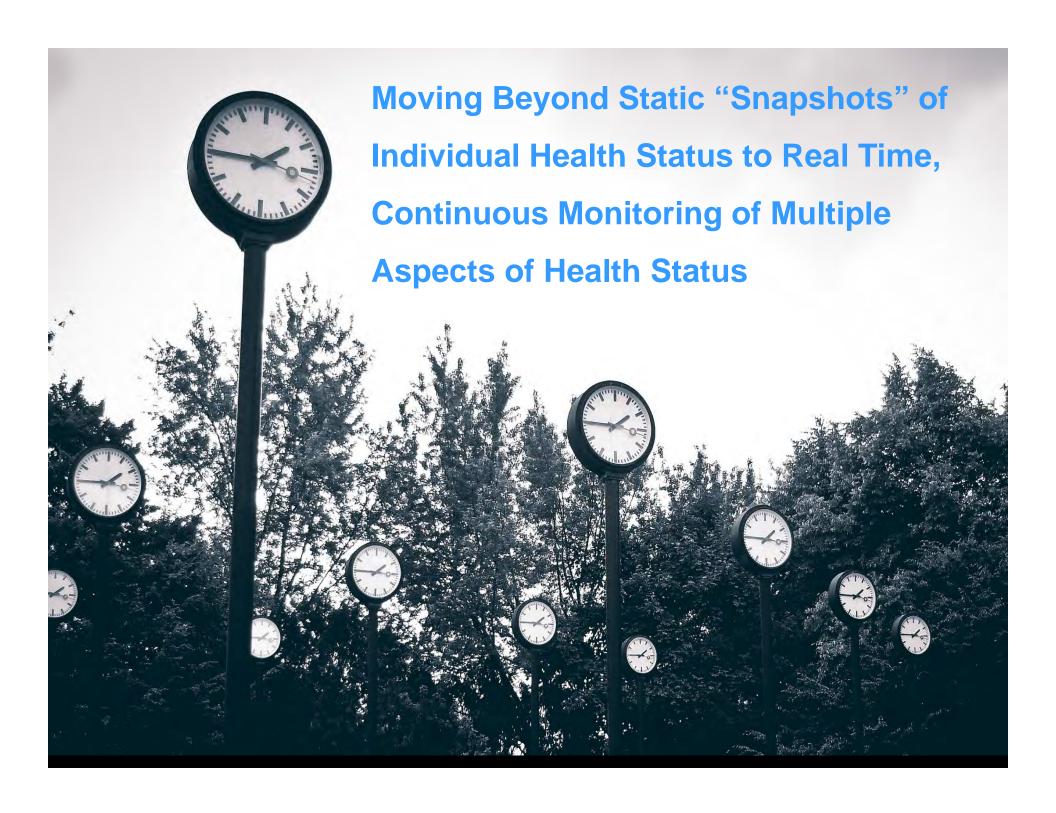




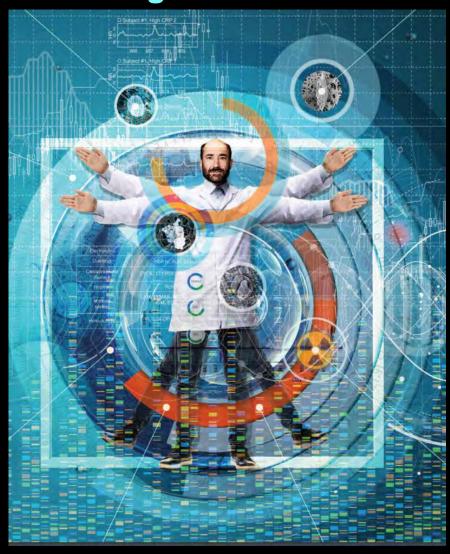
MDx Signatures of Disease Predisposition and Subtyping of Overt Disease for Optimum Rx Selection

- terabytes per 100000110 individual
- zettabyte yottabyte population databases

The Challenge of Big (Messy) Data



Professor M. Snyder, Stanford University A Prototypic Example of Comprehensive Multiparameter Profiling of Health Status



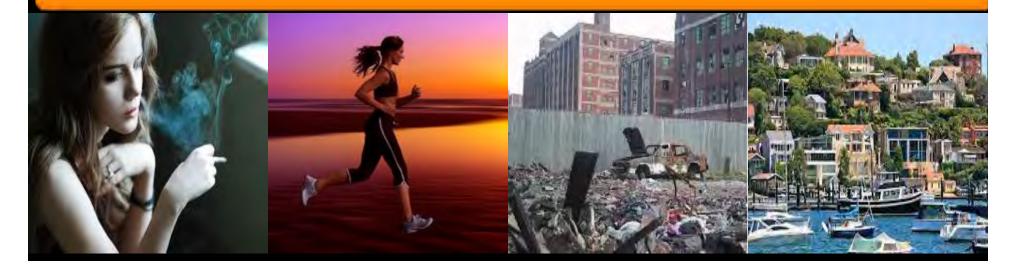
The Measures of A Man. 2021, December. Stanford Magazine, 34-40.

Deep Phenotyping: "Much More Than Omics"- Overcoming the Curse of Reductionism

From Womb to Tomb: Systematic Integration of Diverse Health Data



SDoH, Lifestyle, Environment, Health Disparities



Precision Health and Digital Health: Evolving Inter-Dependencies

Individual Data

Population Databanks



scale (petabyte, exabyte) diverse data classes

Deep Phenotyping:

- multiOmics
 clinical history- EHR/PHR
 remote health monitoring
 - socio-behavioral data environmental exposures

Building Personalized 'Digital Twins': Matching Individual Deep Phenotypes to 'Best Fit' Cohorts

Individual Data

Population Databanks



- 'digital twins and siblings' and imputed phenotypes
- disease predisposition and prevention
- earlier detection of subclinical disease and intervention
- selection of optimum treatment regimen for overt disease
- improved outcomes and QOL

Precision Health and Digital Health

Expanding 'The Care Space' in Health and Illness

Monitoring Health Beyond the Clinic

Telemedicine and Remote Health Monitoring(RHM)

- the majority of events that influence wellness/disease risk and treatment adherence occur largely outside of formal interactions with the healthcare system
- daily decisions by individuals have greater effects on their health than decisions controlled by the healthcare system

Social Spaces Become Quantifiable

- who knows why people do what they do?
 - the fact is that they do!
- these actions can now be traced and measured with unprecedented precision
- with sufficient data, the numbers reveal increasingly predictable behavior and individual risk patterns
- the confessional of social media
- the blurring of private and public spaces
- complex ethical and legal issues
 - consent, privacy, security, surveillance

Invasion of the Body Trackers: Expanding the "Care Space" in Healthcare

Healthcare Beyond The Clinic

Remote Health Status Monitoring

Smartphones, Wearables, Devices and Digital Services

M4: Making Medicine More Mobile

AORTA: Always On, Real Time Access

Wearables, Sensors, Mobile Devices and New Patient-Centric Delivery Channels

- better real time patient-specific data and decisionsupport tools
- each individual becomes their own control
- new patterns (touch points) of patient engagement with the health system
 - external reach and continuity in care
 - new delivery channels and services
 - targeted care and ability to monitor larger number of patients

Wellness Apps for Fitness, Diet and Exercise





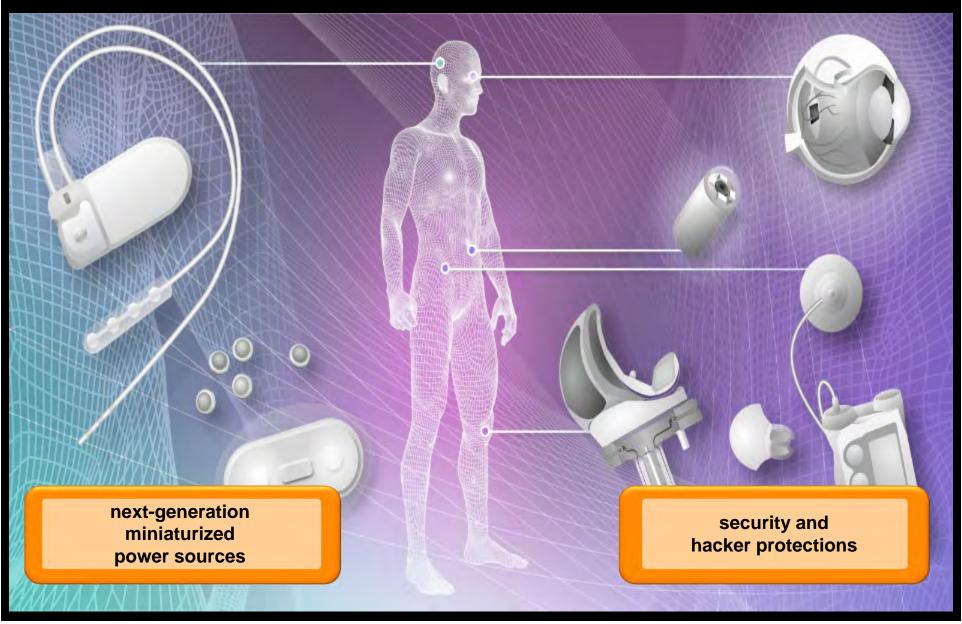




Remote Monitoring of Health Status



Implantable Devices and Wireless Monitoring (and Modulation)



Smart Devices for Automated Drug Delivery and Improved Therapeutic Adherence







Gecko (now Teva)



CapMedic



Biocorp Inspair







The SARS-CoV-2 Pandemic: Accelerated Adoption of Telehealth Services





The SARS-CoV-2 Pandemic: Accelerated Adoption of Telehealth Services

- digital social distancing
- high receptivity by both health professionals and patients/caregivers
- relaxation of legislative constraints on reimbursement for virtual versus in-person visits and asynchronous diagnosis/treatment consults
- major infusion of venture capital into new telehealth companies and corporate M&A
- irreversible change in patterns of primary health care and behavioral health consultations?

Networked Telehealth Between Provider Organizations

 Centralized 24/7 Monitoring of Multiple Critical Care Units





- Peer to Peer Consultations
- Expanded Access to Subject Experts

Economies of Scale, Convenience and Improved User Experience





Big Tech and Health Services: Disruptions Ahead?





Telehealth, RPM, PRO and the Growth of Decentralized Clinical Trials









































































































































































Empowered Patients:Social Networking Sites and Their Role in Clinical Care

- logical extension of the rapid rise of web/apps in mainstream culture to healthcare
- increasingly proactive and engaged consumers/patients/families
- greater access to information on treatment options, cost and provider performance
- new clinical practice tools to optimize physicianpatient relationships
- Ux and formation of senior executive level Chief Patient Experience Officer posts in large provider organizations

The Growing Clinical and Economic Burden of Chronic Disease



Defining "Value" in Healthcare Will Intensify





Medicare limits coverage of \$28,000-a-year Alzheimer's drug

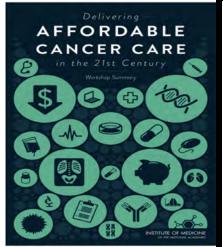
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For Medicare to pay, patients will have to be part of clinical trials to assess Aduhelm's effectiveness against early-stage dementia and its safety.

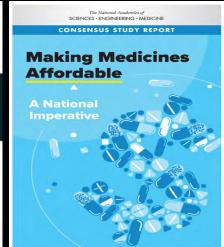
Defining "Value" in Healthcare Will Intensify

- improve clinical outcomes and QOL
 - QALY, DALY
 - socio-economic metrics: faster return to workplace/school
 - reduced demands and dependency on other societal support services
- new tools for 'downstream' future cost/benefit analysis
 - reduce demand for future resource use

Cancer Treatment Cost







Value Framework







INSTITUTE FOR CLINICAL AND ECONOMIC REVIEW

DrugPricing Lab

Memorial Sloan Kettering





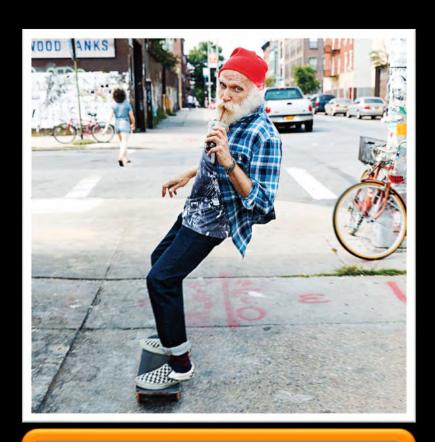




Why Should Price Vary With Location?

- price for oncology drugs administered in hospital versus typically double price paid for community clinic
- Herceptin
 - hospital/hospital outpatient \$5,350
 - independent clinic \$2,740
- Avastin
 - clinic (\$6,620), hospital (\$14,100)
- incentive for trend for purchase of community clinics by hospital systems and reclassification as 'hospital outpatient clinics' and eligible for 340B discounts

The Demographics of an Aging Society: Clinical and Economic Challenges to U.S. Healthcare





wellness with longevity and high QOL

OR

multiple co-morbidities and low QOL

?

?

Reducing Hospital Readmissions

- identification and focus on higher-risk, higher-complexity patient
- patient coaching/education on discharge instructions and self-management
- adherence to complex polypharmacy
- engage family members
- use of transitional care nurses and other care coordination professionals

Grey Technologies and Ageing in Place: Independent But Monitored Living for Ageing Populations



Rx adherence



cognitive stimulation



in-home support and reduced readmissions



reduced office visits

Chatbots and Support Robots in Healthcare























Amazon and Home Care

Development of Third-Party Alexa Apps



Allows seniors to verbally report medical data, get exercise and adherence reminders, call a caregiver, and coordinate transport



Mayo Clinic First Aid

"Tell me about spider bites"

"Help for a burn"



Ask My Buddy

"Alexa, ask My Buddy to alert everyone."

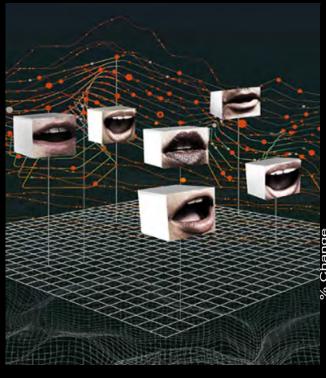


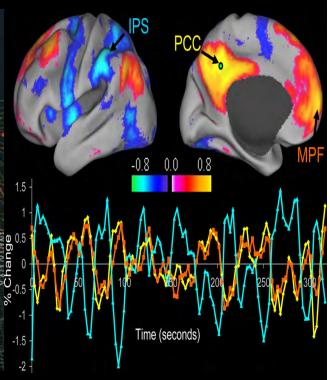
Increased ED Behavioral Health Emergencies

- reported range of 8-25% of ED volume (outliers higher)
- 70% of behavioral health patients also have one or more co-morbidities
- opioid-related visits tripled between 2005-19
- approx. 1 in 4 individuals with serious mental illness also have substance abuse disorder
- 60% of adolescents in community-based SUD treatment programs also meet diagnostic criteria for mental illness
- dramatic increase in mental health needs in COVID-19 pandemic

Digital Psychometrics and Evaluation of Mental Illness







- eye micro saccades
- facial dynamics
- stimulus response and interaction speeds
- speech patterns (rhythm, tone, volume)
- semantic construction
- brain imaging functional MRI
- altered signal pathways

Digital Psychometrics and Mental Illness

- interaction with digital assistants/chatbots
- machine learning and AI analytics of large video banks and social media posts
 - bipolar disorder, schizophrenia, depression
 - suicidal ideation
 - PTSD
- alerts to care teams when immediate intervention indicated

Digiceuticals: Software as Therapy





"We envision empowering individuals with digital therapeutic solutions that address underlying motivational and technical deficits by deciphering neural pathways that support motivation, decision-making and reinforcement to prompt health."

Dr. Ben Wiegand
Global Head, Janssen R&D
World Without Disease Accelerator
PharmaVoice 2017

Robotics and Human-Machine Interactions

Augmented Sensory, Motor and Cognitive Functions

Robotic Assist Systems and Exoskeletons for Rehabilitation



Robot–Human Directed Interactions









Co-evolution of Human-Machine Interactions, Robotics and Augmented Cognition



VR/AR/MR and Preparation for Complex Procedures



VR/AR and **Neuromodulation**



- promote behavior change via altered sensory inputs and feedback
- mental illness: PTSD, physical rehabilitation, substance abuse and pain control

The Metaverse, Avatar Worlds and Immersive Sensory Technologies



Spreading



 critical need for proactive development of oversight of applications in healthcare to avoid a dystopian déjà vu of social media disinformation and psychological manipulation

Now Comes the Hard Part!

Driving Precision Health and Large Scale Data Analytics into Routine Practice

New Incentives and New Delivery Models

New Participants and New Business Models



Biomedical Data: Vast But Poorly Utilized

- inadequate standardization
- fragmented, incomplete, inaccurate data and uncertain provenance
- incompatible data formats as barrier to data integration and sharing
- obstacles to EHR integration of new data classes (multi-Omics; wearables; IoMT)
- legislative barriers to data transfer based on well intentioned privacy protections (HIPAA)
- organizational, economic and cultural barriers to open data sharing
- static, episodic snap shots of complex dynamic systems
- major impediments to research productivity, optimum clinical decisions and continuity-of-care for patients

Data Security and Protection of Health Information



Big Tech: Big Provider Linkups Fuel HIPAA Privacy Debate





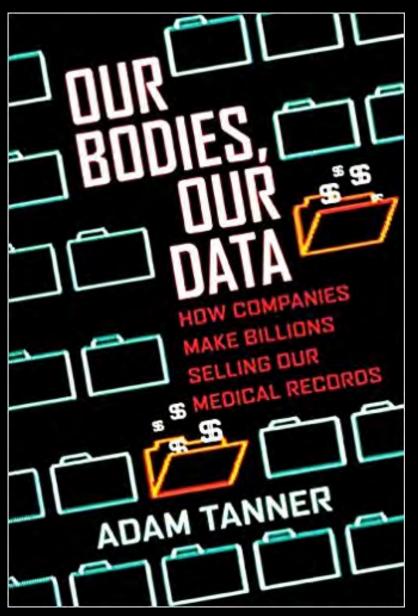








Health Data Brokers and 'Selling-On"

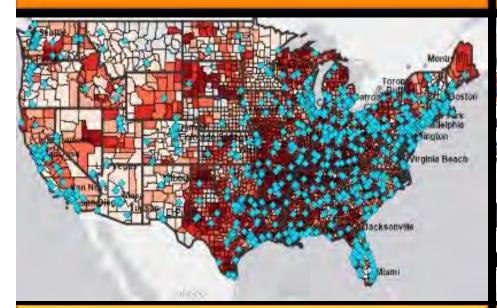




National Security Implications of Genome Data on Populations

Population Databanks







Foreign Access to Data

Data Security



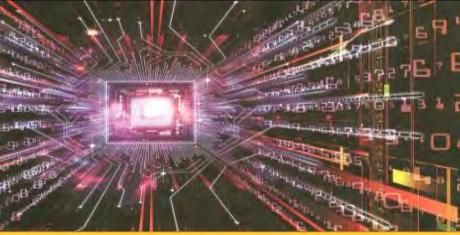




Technology Acceleration and Convergence: The Escalating Challenge for Professional Competency, Decision-Support and Future Medical Education

Data Deluge





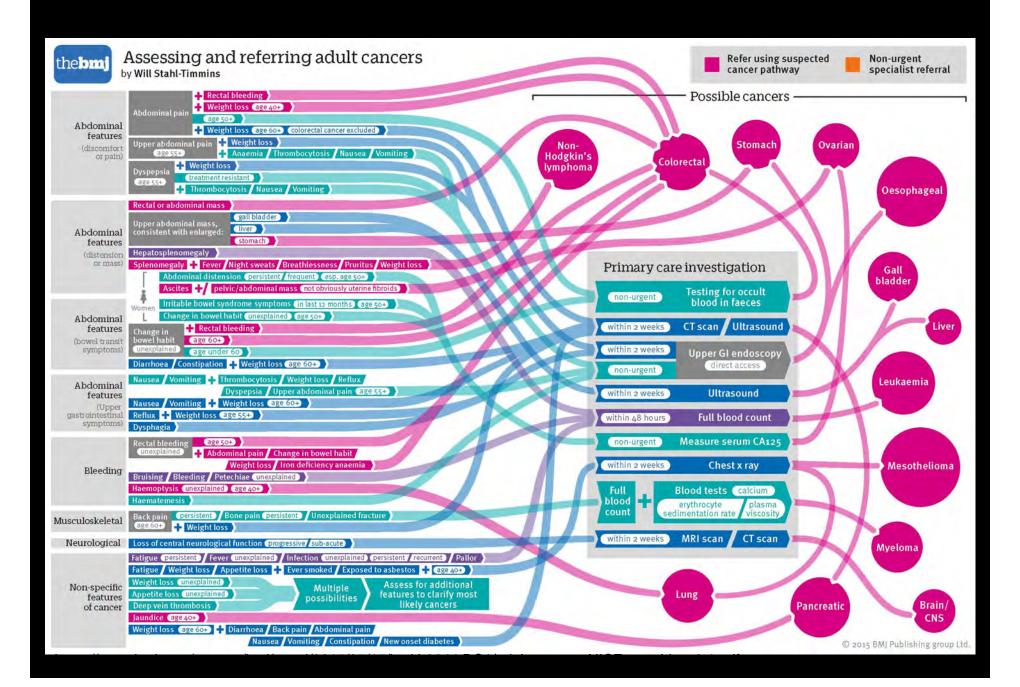
Automated Analytics and Decision Support

Cognitive Bandwidth Limits





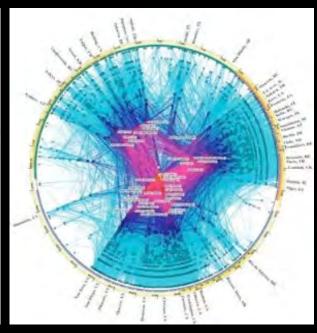
Facile Formats for Actionable Decisions



The Emergence of Big Data Changes the Questions That Can Be Asked





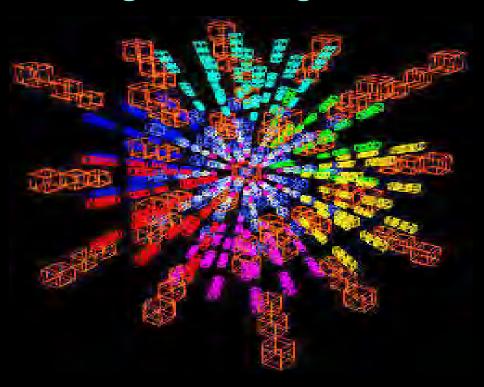


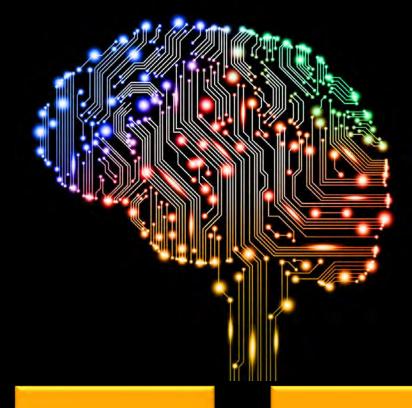
Isolated Data

Complex Networked Data

Complex Computational Data

Automated Context: Data Finding Data "Intelligence at Ingestion"





Feature
Extraction
and
Classification



Context Analysis



Persistent Context



MappingLearningSystems

Relevance

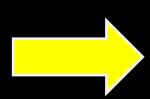


Situational Awareness

Rapid, Robust Decisions

Precision Health and Digital Health: Building the Learning Health System

qualitative,
descriptive
information of
variable quality and
provenance



of known provenance and validated quality

of largely unconnected data sources



evolving,
inter-connected
networks of data
sources for robust
decisions and
improved care

Machine Learning (ML) and Artificial Intelligence (AI) and the Analysis of Large Scale Heterogenous Health Data

The Future of 'Automated Search' and 'Retrieval'

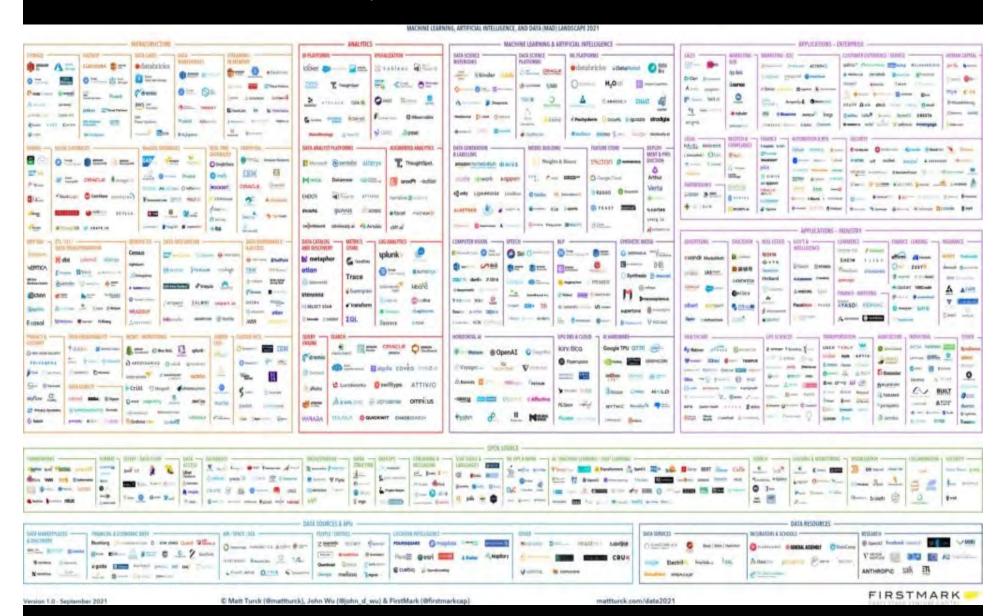
Deep Understanding of Content and Context

Collapse Time to Decision: Intelligence at Ingestion

Automated and Proactive Analytics:
Why Wait for the Slow Brain to Catch Up to the Fast Machine

Machine Learning (ML) and Artificial Intelligence (AI): Massive Infusion of Private-Sector Funding and Entrepreneurial Activities

https://mattturck.com/data2021/

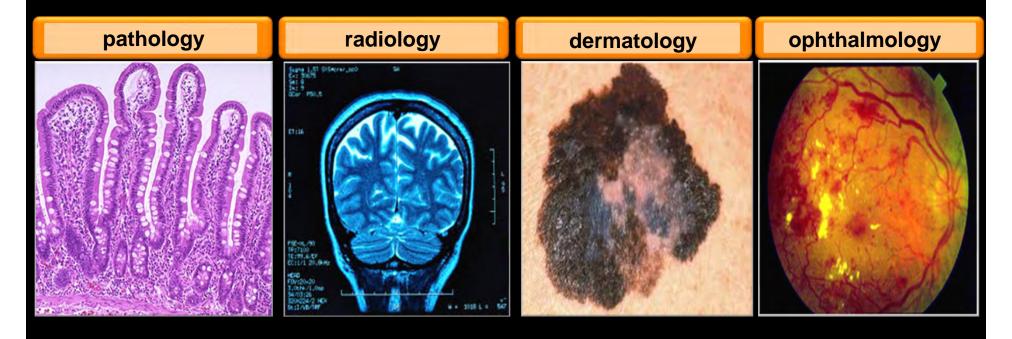


Just What the Data Ordered

Machine Intelligence and Algorithms for Clinical Diagnosis and Treatment Decisions

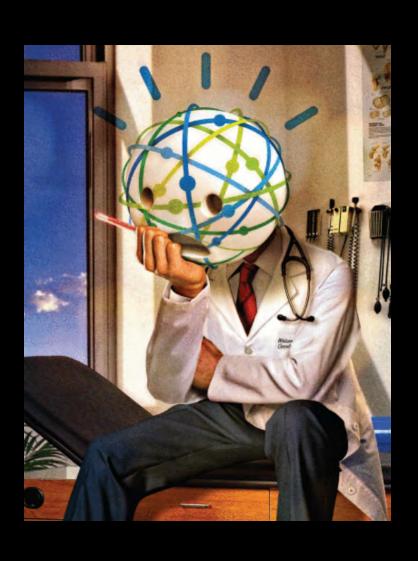
Black Box Medicine?

Machine Learning and Image Analysis in Clinical Medicine



- large scale training sets and classification parameters
- standardized, reproducible and scalable
- 260 million images/day for \$1000 GPU

Bias: The Omnipresent Danger in ML/AL Datasets IBM Watson and Cancer Care: A Classic Case Study



- overpromised and underdelivered
- underpowered training sets
- institution-specific data and bias
- risk to patients
- instructive precedent for more stringent AI validation standards

How Will ML-Al Algorithms/decision Analytics Be Validated and Regulated?



how will regulators accommodate accelerating pace of changes in inputs, outputs and code construction in ML/Al algorithms (V₁, V₂, V_n....)?

Machine Learning (ML), Artificial Intelligence (AI) and Healthcare

- which clinical specialties/processes will be at risk of replacement by ML-AI and when?
- how will professional competencies in using ML-AI decision-support tools be developed and sustained?
 - MD curriculum, CME
 - non-medical data science professionals
- how will ML-Al platforms alter payment schemes?
- what new malpractice liabilities will emerge by failure to use/interpret ML-AI platforms?

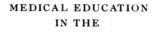
Living in a World Where the Data Analytics and Interpretation Algorithms Are Obscure to the End User

- ceding decision authority to computerized support systems
- culturally alien to professionals in their claimed expertise domain but they accept in all other aspects of their lives
- who will have the responsibility for validation and oversight of critical assumptions used in automated decision tools in healthcare?
 - regulatory agencies and professional societies?
 - humans?
 - machines?

"Digital Darwinism": A Looming Digital Divide

- understanding data structure and its productive application/customization to improve clinical decisions and care outcomes will become a critical institutional competency
- major skill gaps and personnel shortages in biomedicine
- training of a new cadre of data scientists (medical and non-medical)
- institutions lacking adequate computational infrastructure and critical mass in data analytics will suffer 'cognitive starvation' and relegation to competitive irrelevance

Major Transitions in Medical Education and Healthcare



UNITED STATES AND CANADA

A REPORT TO

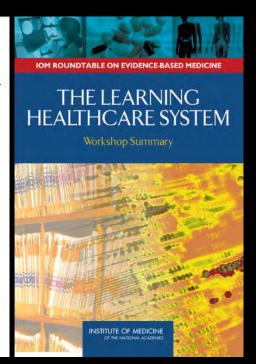
THE CARNEGIE FOUNDATION FOR THE ADVANCEMENT OF TEACHING

BY ABRAHAM FLEXNER

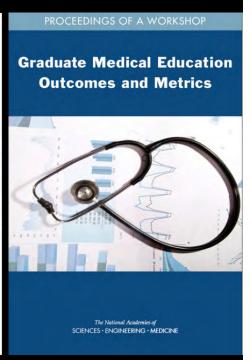
WITH AN INTRODUCTION BY
HENRY S. PRITCHETT
PRESIDENT OF THE FOUNDATION

BULLETIN NUMBER FOUR (1910) (Reproduced in 1960) (Reproduced in 1972)

> 437 MADISON AVENUE NEW YORK CITY 10022







1910 - present

2000 - present

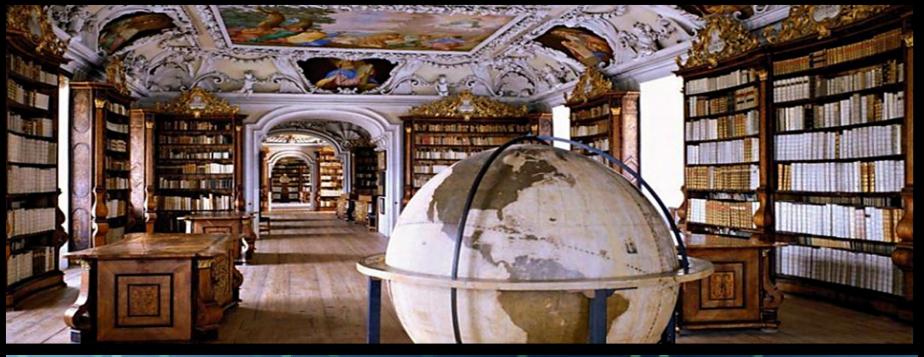
2015 - ?

(science-centric)

healthcare as a learning system (data-centric)

mastery of escalating complexity and massive data (network-centric)

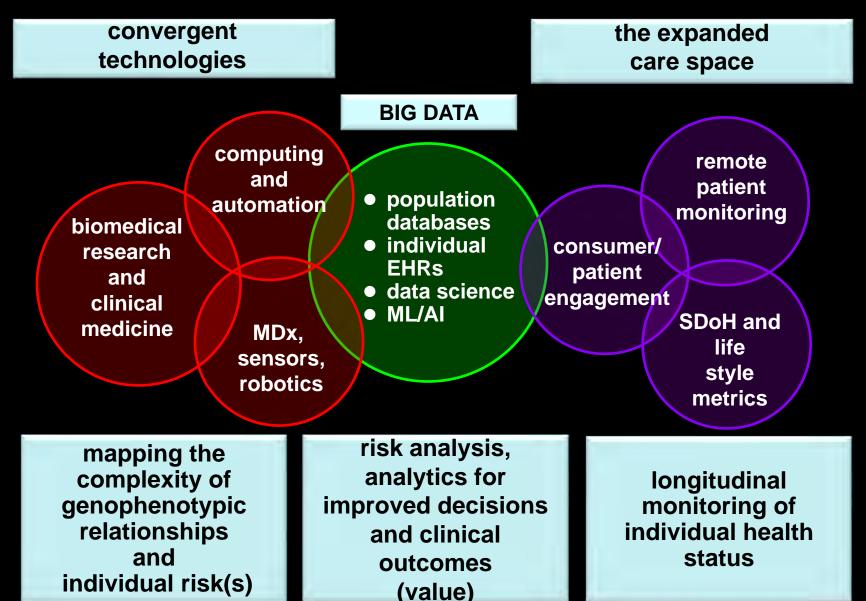
New Patterns of Learning



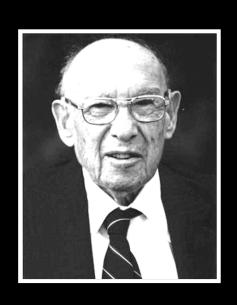


Leadership in an Era of Accelerating Complexity and Uncertainty in Biomedical Research and Demands to Improve Health System Performance

The Co-Evolution of Precision Health, Digital Health and Learning Healthcare Information Systems



Unidimensional "Quick Fixes"



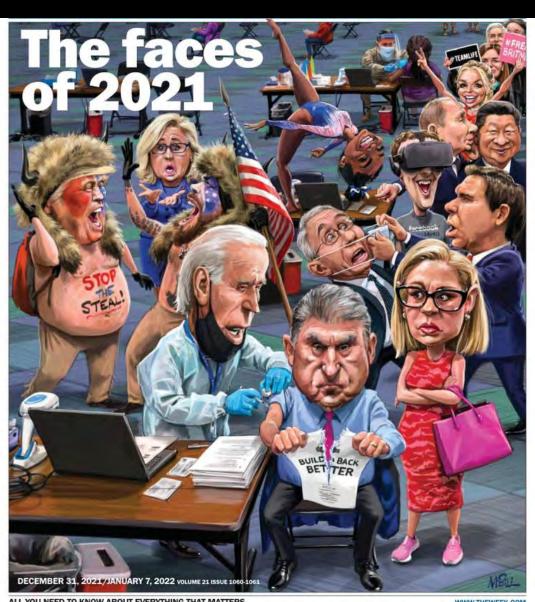
"The greatest danger in times of turbulence, is not the turbulence, it is to act with yesterday's logic."

- Peter Drucker

The Challenge of Charting Health Policy in a Climate of Increased Social Divisions

- Dysfunctional National Governance, Lack of Bipartisanship and Legislative Paralysis
- Legislative Technical Illiteracy and the Retreat from Complexity
- Dangerous Societal Divisions on Multiple issues
- Implications Well Beyond Healthcare: A Threat to National Security and Technological Competitiveness?





The Principal Challenges Facing the US Health Ecosystem

- the status quo is not sustainable
 - cost, outcomes, access, disparities
- silos subvert solutions
 - barriers to continuity of care, cost-effectiveness and reform
- imperative to rethink and redesign health ecosystem objectives, functions, capabilities and responsibilities
- widespread failure to apply systems-based analysis methods to optimize inter-dependencies and connectivities for value-based care both population and individual care services

Winter 2020

COMPLEX UNIFIABLE SYSTEMS

LINKING ENGINEERING AND SOCIETY

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"Strategic Design Spaces for the Evolution of Health Care"

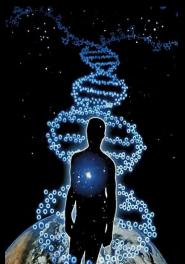
Precision Health Biotechnology, Synthetic Biology

Population
Demographics
and Disease
Burden

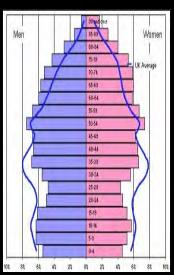
IoMT:
Ubiquitous
Sensing
and Sensor
Networks

Big Data Analytics, Machine Learning and Al

Technology
Convergence,
Acceleration
and Escalating
Complexity



"Bio-Space"



"Unmet Need Space"



"Connected and Monitored Space"



"Decision Space"



"Opportunity Space"

Improved Health Risk and Mitigation

Defining "Value" in Healthcare Will Intensify

New Knowledge Networks

New Participants

New Organizational Models

"Strategic Design Spaces for the Evolution of Health Care"

Precision Health Biotechnology, **Synthetic Biology**

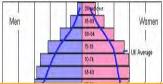
Population Demographics and Disease Burden

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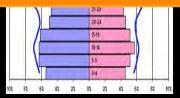








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